

# USATF-NJ Open & USA MASTERS 5K CROSS COUNTRY CHAMPIONSHIPS

<p><b>Sunday – October 20th</b>  <b>5 km Championships</b>  <b>Open &amp; Masters Men &amp; Women</b>  <b>Deer Path Park, Readington</b>  <i>Co-sponsored by Hunterdon County Parks &amp; Recreation</i></p>	<p><b>Entry Fees Per Race:</b>  <b>For entries received on or before:</b></p>
<p><b>Packet Pickup:</b> 8:30am</p> <p>Garden State Classic 10:00 a.m.          USAMasters Women 40+ 10:45 a.m.          USA Masters Men 40+ 11:45 a.m.          USA Masters Men 50+ 12:15 p.m.          USA Masters Men 60+ 12:50 p.m.          Awards 1:30 p.m.</p>	<p>Sept 30 \$25          Oct. 13 \$30          Oct. 16 \$40          Oct. 19 \$50 (At Packet Pickup 2-7 p.m.)</p> <p>Competitors in the masters races must be USATF members and at least 40 years old.  <i>Teams competing in the National Masters 5k Championships are required to wear matching team uniforms</i>          Competitors without USATF membership must compete in the Garden State Classic at 10am</p>
<p>Online Registration at <a href="http://www.usatfnj.org/cross/XC_Calendar.html">http://www.usatfnj.org/cross/XC_Calendar.html</a></p>	

**USATF-NJ Championship Awards to USATF-NJ members and USATF-NJ member clubs AND USATF National Awards in the Masters Men's and Women's race. Prize \$\$\$ (national races)**

Long Sleeve Tech Shirt to all entrants! Food Provided! BYOB!

**Directions to DEER PATH PARK:** 120 West Woodschurch Rd, Flemington, NJ 08822 *From the Flemington circle:* (which is at Route 31 & Route 202) go North on Route 31 towards Clinton. After approx. 4 miles, turn Right onto W. Woodschurch Road. Park entrance will be on your right. *From Route 78 West:* Merge onto 523 S at exit #24 toward Whitehouse. At Rt 22, go East for approx 1/4 mile, then turn Right to continue onto 523/Main St. Go just over 5 1/2 miles and then turn Right onto Woodschurch Rd. Turn Left onto W. Woodschurch Rd. The park entrance is on your left.

**NO HEADPHONES ALLOWED DURING ANY RACE!**



Floor of 300 Points!

**Information:** [www.usatfnj.org](http://www.usatfnj.org); [services@usatfnj.org](mailto:services@usatfnj.org), or 973-334-8900



Floor of 300 Points!

**Check or Money Order MUST Accompany Entry**  
**Mail Entries Payable To: USATF-NJ and send to P.O. Box 330, Boonton, NJ 07005**

**No refunds or transfers for any reason.**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Gender: \_\_\_\_\_  
 Address (w/Apt. No.): \_\_\_\_\_  
 Town/City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 2013 USATF-NJ# \_\_\_\_\_ Telephone: \_\_\_\_\_  
 Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on Race day: \_\_\_\_\_

Enter me in:  
 Open 5k  
 Masters Women 40+  
 Masters Men 40+  
 Masters Men 50+  
 Masters Men 60+

Circle Shirt size:  
 XS S M L XL

In consideration of accepting this entry I hereby waive and release all rights and claims for damages I may have against, USA Track & Field Inc., the New Jersey Association of USA Track & Field, Inc., New Balance North Jersey, Hunterdon County Park System, Hunterdon County Dept. of Recreation, their staff, administration, volunteers, officials and any representatives, for all injuries by me in said event. Furthermore, I state that I have trained for and I am physically capable of successfully completing this race.

SIGNATURE (Parent or Guardian if Under 18) \_\_\_\_\_