

# 13th Annual USATF–NJ 10 Mile Championship

Sunday, December 10th, 2006

**Mercer County Park, West Windsor, NJ**

**Race Start Time:** 11:00am. Early Start for 2+ hour 10 milers at 10:15am.

NOTE: Park roads close at 10am. Course/Park marshals at main entrances will provide directions to alternate entrances after the roads close. Alternate entrances will take up to 5 extra minutes driving time.

**Fees: USATF Members:** \$10 Pre-Entry Received by Monday, December 4th; \$15 after 12/4.

**Non-USATF members:** \$15 Pre-Entry Received by Monday, December 4th; \$20 after 12/4

**This is a no frills race - T-Shirts not included!**

Post Registration 9:30am to 10:45am in the Tennis Center

**Course:** Park loop on roads & paved trails. Flat, fast, scenic, wooded & lakeside. Traffic free.

**Race Hotline:** 973-334-8900 or [www.usatfnj.org](http://www.usatfnj.org); click on Long Distance Running, then click on the USATF-NJ Road Race Calendar link

**Awards to be presented on-site, in front of the tennis center**

USATF–NJ Championship awards to USATF-NJ members and Teams

Top 3 Open (14–39 years); Top 3 Masters in each age group (40+ in 5 year age groups)

Top 3 Open & Masters Age Group Teams

Top 3 awards to non-USATF-NJ competitors who place in the top 3 of their age group



**Post Race Celebration!! At a nearby establishment. Pick up directions at the race..**

**Directions to the race: From Interstate 195:** Exit 65A Sloan Avenue. East on Sloan to end. Left on Old Trenton Road. Park entrance on left. **From South Via NJ 130/206:** Rt. 130N across I-95 to Robbinsville (intersection of 130 and 526). Left at light onto Rt. 526. At next light, right onto 526 continued. Left on Old Trenton Road (535). Park entrance on right. **From Rt. 1 North or South:** US 1 to Quaker Bridge Road. South on Quaker Bridge Rd. (Rt. 533). Go 2 miles. After 3rd traffic light, make left onto Hughes Drive. Park entrance on left. **From North Via NJ Turnpike:** Exit 8 Hightstown. Take 33 west. Turn onto 571 in Hightstown. Proceed 2.5 miles. Left on Rt. 535. Go approx. 5 miles to park entrance on right. **From South Via NJ Turnpike:** Exit 7A I-195 west to Exit 5B. Then follow directions above - From South via NJ 130/206. **From North on 287:** Take Easton Avenue exit, turn right at the 2nd light onto Cedar Grove Lane. Travel a couple miles to a three way intersection, turn left onto Amwell Road. Go about 1/2 mile and turn right onto South Middle Bush Road, (stone church on right corner, O’Conor’s restaurant on left). Proceed about 5–6 miles. Cross Route 27 and continue to Route 1 (road name becomes Sand Hill Road after Route 27). Take Route 1 South & follow Route 1 directions above.

## 2007 USATF Memberships Can Be Purchased on Race Day

Check or Money Order MUST Accompany Entry. No refunds for any reason!  
Payable & Mail Entries To: USATF–NJ 10 Mile, P.O. Box 330, Boonton, NJ 07005

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Gender: \_\_\_\_\_

Address (w/Apt. No.): \_\_\_\_\_

Town/City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Telephone: \_\_\_\_\_

USATF # : \_\_\_\_\_ NJ USATF Member? (Y/N): \_\_\_\_\_ Date of Birth: \_ / \_ / \_ \_ Age on Race day: \_\_\_\_\_

**\*\*\*USATF–NJ Member: You MUST Circle Desired NBGP Point Level: 800 points    700 points    500 points**

In consideration of accepting this entry I hereby waive and release all rights and claims for damages I may have against, USA Track & Field Inc., the New Jersey Association of USA Track & Field, Inc., New Balance North Jersey, Mercer County Parks & Recreation, their staff, administration, volunteers, officials and any representatives, for all injuries by me in said event. Furthermore, I state that I have trained for and I am physically capable of successfully completing this race.

\_\_\_\_\_  
Signature of

\_\_\_\_\_  
If under 18 – Signature of Parent (not coach)

\_\_\_\_\_  
Date