The Grand Finale 10 Mile

Sunday, December 9th, 2012

Mercer County Park, West Windsor, NJ

***Race Start Time*:** 10am. An early start is available by prior approval and only to runners with an estimated finish time of 2 hours or greater (12:00+ minutes/mile). Any other runners who utilize the early start without prior approval will be disqualified. Contact Pam at usatfnj@hotmail.com to request the early start by Wednesday, December 5th. Include recent race results.

***Fees*:** **USATF-NJ Members:** $13 Pre-Entry Received by Monday, December 3rd; $20 on race day.
Online registration for USATF members only at www.usatfnj.org/ldr/Road_Race_Calendar.html
Non-USATF-NJ: $16 Pre-Entry Received by Monday, December 3rd; $20 on race day.

This is a NO FRILLS race - T-Shirts not included!

Post Registration 8:30am to 9:45am in the lower level boat bay under the Marina Building

Course: Three loops on roads & paved trails. Flat, fast, scenic, wooded & lakeside.

NO HEADPHONES ALLOWED DURING THIS RACE!

USA TRACK & FIELD NEW JERSEY

NB North Jersey

New Jersey Grand Prix Event 700 Points

700 or 500 point NBGP Wild Card Race

USATF–NJ Open & Masters Men's & Women's 10 Mile Championship Event

Awards to be presented on-site, near the Marina building / lower boat bay

USATF–NJ Championship awards to
Top 3 USATF-NJ Open (14-39); Top 3 USATF-NJ Masters (40+ in 5 year age groups) and
Top 3 USATF-NJ Open & Masters Age Group Teams
Additional Awards to non-USATF-NJ competitors who place in the top 3 of the above age groups

Post Race Celebration!! **At a nearby establishment. Pick up directions at the race.**
***Race Hotline*:** 973-334-8900 or www.usatfnj.org/ldr/Road_Race_Calendar.html

Directions to the race @ Mercer County Boat Marina: GPS users should use 334 South Post Road, Princeton Junction, NJ as address for Mercer County Park. All park roads will lead you to the Marina which is in the middle of the park on Paxson Ave and at the end of South Post Rd and Paxson Ave. **From Interstate 195:** Exit 65A Sloan Avenue. East on Sloan to end. Left on Old Trenton Road. Park entrance on left. **From South Via NJ 130/206:** Rt. 130N across I-95 to Robbinsville (intersection of 130 and 526). Left at light onto Rt. 526. At next light, right onto 526 continued. Left on Old Trenton Road (535). Park entrance on right. **From Rt. 1 North or South:** US 1 to Quaker Bridge Road. South on Quaker Bridge Rd. (Rt. 533). Go 2 miles. After 3rd traffic light, make left onto Hughes Drive. Park entrance on left. **From North Via NJ Turnpike:** Exit 8 Hightstown. Take 33 west. Turn onto 571 in Hightstown. Proceed 2.5 miles. Left on Rt. 535. Go approx. 5 miles to park entrance on right. **From South Via NJ Turnpike:** Exit 7A I-195 west to Exit 5B. Then follow directions above - From South via NJ 130/206. **From North on 287:** Take Exit 17 to merge onto US 202 S/US 206 S toward US-22 W/Somerville/Flemington; slight Right onto 206S; at traffic circle take 3rd exit & stay on 206-S; take Right to stay on 206S / Stockton St; Left onto Province Line Rd; Right onto County Rd 533 / Quakerbridge Rd; Left onto Hughes Dr. Park entrance is on the left.

2013 USATF Memberships Can Be Purchased on Race Day until 9:30am

Check or Money Order must Accompany Entry. No refunds or transfers for any reason.
Payable & Mail Entries To: USATF–NJ, P.O. Box 330, Boonton, NJ 07005

Last Name: First Name: Gender:

Address (w/Apt. No.):

Town/City: State: Zip: Telephone:

USATF # : NJ USATF Member? (Y/N): Date of Birth: / / Age on Race day:

*****USATF–NJ Member: You must circle your desired NBGP Point Level: 700 500 (default is 700 points)**

In consideration of accepting this entry I hereby waive and release all rights and claims for damages I may have against, USA Track & Field Inc., the New Jersey Association of USA Track & Field, Inc., New Balance North Jersey, Mercer County Parks & Recreation, their staff, administration, volunteers, officials and any representatives, for all injuries by me in said event. Furthermore, I state that I have trained for and I am physically capable of successfully completing this race.

Signature of

If under 18 – Signature of Parent (not coach)

Date