



LDR Meeting Minutes Tuesday, October 4, 2016

- I. Sign-in sheet in lieu of roll call: See Sign-in sheet for attendees**
- II. Introductions** We went around the table giving our names, club affiliations, and USATF NJ positions as appropriate.
- III. Minutes from previous meeting.** The minutes were approved as written.
- IV. 2016 Championships Review and Discussion:**
 - Discussion regarding 2016 Championships:
 - **Miles for Music** (20K NJ Championship all divisions). There will only be a 5K going forward. This year the Miles for Music 20K was the same day as the NYC Manhattan Half Marathon which most likely impacted the participation. Indian Trails race management had indicated that the race will be recertified as a 20K.
 - **Cherry Blossom** (10K NJ championship Masters Women's). There was a field of over 1000 runners. This race generally has a large field but it benefits from being a championship. The team numbers were up over last year.
 - **Clinton 15K** (15K NJ Championship for all divisions). The numbers were the same as last year. This year the date was the same as USATF National Masters 10K championship.
 - **Newport 10K** (10K NJ Championship Open Men's and Women's). The numbers were up from 1300 last year to 1900 this year. The USATF - NJ team participation was up.
 - **New Milford 5K** (5K NJ Championship Masters Men and Women 5K). The parking in New Milford was on the streets not in a parking lot which made it somewhat difficult to find parking. It was suggested to separate men and women masters for 2017.
 - **Lager Run 5K** (5K NJ Championship Men's Open). There were 1200 runners similar to Presidents Cup as a championship. Lager Run had 24 men's teams compared to 23 men's teams in Pres cup in 2015.
 - **Midland Mile** (Road Mile NJ Championship All Divisions). Some felt that August was a better time for the mile which was supported but the increase in Masters teams. Also supporting the increase in participation was the location at Bloomfield which has a higher percentage of USATF runners. In 2015 there were 31 total teams at the College Ave. In 2016 there were 66 total teams at the Midland mile. There was also a large increase in Master's participation. This opened a lengthy discussion on why there was a lack of attendance by open runners and how USATF NJ championships are selected. A suggestion was made to have a survey or means of input from the membership on the Championship selection. There

was also a request to provide more information on the criteria for Championship selection.

- **5K XC Thompson Park, Jamesburg** (5K NJ Championship All Divisions). This was a new venue with a flat 5k course. In 2015, there were 330 runners at Natirar and 288 at Thompson Park in 2016. The Thompson Park 5K XC map was very confusing. The officials were not on time. A better map is needed and officials need to be on-time. The course could potentially be extended to an 8K if it is used again. Shore AC uses 6 different courses in Monmouth County. It was noted that XC courses need to support more than 100 people. The Middletown Thompson Park was suggested as a future XC venue.
- **Liberty Half Marathon** (Half Marathon NJ Championship all Divisions). The number of finishers were up from 2087 in 2015 to 2545 in 2016.
- **Little Silver 5K** (5K NJ Championship Open Women). Race was well received.

Both Little Silver and New Milford were new championship races.

Analysis of Participation year to year for both individual and team participation was reviewed for Championships 2015 vs 2016.

Remaining 2016 Championships:

- 8K XC (All Divisions) and Giralda Farms 10K (Master's Men). The 8K XC Championship at Natirar needs to be corrected on Compuscore website.

V. Individual and Team Grand Prix Rule Changes for 2017 tabled from January and requiring a vote.

Individual Grand Prix Rule Change Proposal 1:

III. NBGP Scoring

Rule Change: 5. The USATF-NJ LDR committee may designate a **700 point / 500 point Wild Card Race in each distance category: Category I, Category II and Category III.** Runners can choose to be scored in the race as either a 700 point race or a 500 race designation. **The Wild Card logo designation and a place to designate 500 points or 700 points must be included on the race application and online registration.** Runners who do not designate which point value they choose on the race application will automatically be assigned to the 700 point race. The Wild Card Race must be announced at the time the Championship Schedule for the year is released.

Proposal: Anthony DiFiore

- Those in attendance had a discussion on the pros and cons of wild card races. **A vote was held and the rule change did not pass.**

Club Grand Prix Rule Change Proposal 4:

Eliminate the Mile from the Team Grand Prix:

Reason: The Mile is dominated by younger teams and skews the club team results toward those clubs with younger members with a single event.

Initial proposal by: Anthony DiFiore

- After considerable discussion it was agreed to table this rule change proposal until the September meeting for possible inclusion in the 2017 rules. Ed Neighbour requested that we wait until after the College Ave. Mile and the new Midland Masters Mile to see if the changes this year result in more interest for the mile as a Team GP event.

Rules of competition allow a Mile Championship. This rule would remove the team component.

- Those in attendance discussed both 2015 and 2016 mile championships with regard to how the results impacted the team results.

A vote was held and the rule change did not pass.

Club Grand Prix Rule Change Proposal 5:

Add a team relay to the Club Grand Prix

R The USATF NJ LDR Committee may designate non Championship LDR Events such as a Club Relay as a USATF NJ Club Grand Prix Event.

1. The Relay will consist of 2-person teams
2. There must be a designated exchange zone with the relay split into two approximately equal segments.
3. The Relay will be broken into open and masters divisions in the same manner as LDR Championships.
4. The points awarded as per the Division Structure in sections E through H
5. The Relay may also include a Male-Female Team Category consisting of Open and Masters Divisions scored using gun time. The Masters Division Category will be determined by the division category of the youngest participant of the two person relay. Points are awarded based upon Team Scoring Placement as per the Open Category section E.

- **This rule change was removed from consideration. Resubmission would require further detail.**

VI. 2017 Individual and Team Grand Prix Rule Changes to be discussed and accepted for voting at the next LDR meeting:

New Rule Change Proposal #1: Edward Neighbour

Mini Category Three (2015): 12km and above - score a total of five, with a maximum of ***Three*** championship scores and a minimum of five races total.

The intent is to increase the participation in the mini category three. Since there are not a lot of 12km and above races in the Grand Prix allowing a third Championship race (currently only two are permitted) to count in this mini Category three series would raise the number of potential finishers in the Mini Three .

- **Rule Proposal #1 was accepted for voting at the next LDR meeting.**

New Rule Proposal #2: Bob Skorupski

Current Rule:

III. NBGP Scoring

B. The point value of an event indicates the number of points that will be awarded to the first male and female finisher in the event. Points shall then be awarded to all finishers in a race regardless of membership in USATF-NJ on a descending scale down to the minimum point value for that event, separately for men and women, which shall be proportionate to the number of finishers in the event.

Proposed Rule:

B. *The Points shall be awarded based upon a percentage determined by dividing an established record time by the competitor's finish time, and multiplying this percentage by 7 for championship races, and 5 for all other races. Males and females will be scored separately.*

Reasoning for the proposal: There are a lot of variables to the Grand Prix races which do not provide a level race to race Grand Prix point potential based upon performance due to a number of variables at a particular event such as the number of participants, who shows up to the race (quality of the field of runners participating), the winning time at that event etc..

It is proposed to change the way points are earned by creating a plp baseline for the earning of points based on fastest times achieved for a particular LDR distance. The proposed structure would have a maximum point potential of 700 or 500 points based upon Championship/ Non Championship Status but the points would be awarded on a comparison of the time recorded at that event vs. a performance baseline for that distance.

The scoring under the current point system where the winner receives the maximum points available (500/700) vs. the proposed system where the maximum number of points would only be achieved by matching the best time recorded for that distance is provided as an attachment.

VII. New Business

- **Discussion concerning having USATF Officials at our LDR Championships.**

It is felt by some of the LDR committee members that someone versed in the USATF Rules of Competition can improve the quality of our championships. The start of the race being done properly is critical. An alternate to officials may be a Championship procedures sheet to be given to the race to follow.

 - This will be discussed further by the LDR committee.
- Off course what can be done about this.
 - The Race Director is responsible for the course. An appeal should be made to the LDR committee if there is a question regarding runners who did not follow the course.
- USATF NJ LDR Championship Selection process was discussed. The polling of USATF-NJ Grand Prix participants to gage the satisfaction of the various championships was discussed. This data could be used as a tool in the selection of Championships

VIII. Adjourn It was moved, seconded, and voted to adjourn the meeting at 9:26pm.

Respectfully submitted by Jane H. Parks, Additional edits Edward Neighbour

**PROPOSED SYSTEM
MEN**

1 Kyle Price	27	4675	Cat.1	Races:	613	581	398	PRES	COLLEGM	REDCROSS
			Cat.2	Races:	588	581	405	NEWPORT	A8K	EBRUN10K
MILLTOWN,NJ			Cat.3	Races:	572	553	384	MUSIC20K	LIBHM	HALLOWHM
2 Atilla Sabahoglu	37	4407	Cat.1	Races:	548	533	399	LAGER5K	XC5K	JBELIZ
			Cat.2	Races:	516	501	400	RIDGE10K	NEWPORT	CHERRY
SOMERSET,NJ			Cat.3	Races:	570	544	396	CLINT15K	MUSIC20K	GRSWMP15
3 Matthew Slocum	34	4379	Cat.1	Races:	552	545	386	LAGER5K	PRES	RIDGE5K
			Cat.2	Races:	539	537	378	GIR10K	NEWPORT	CHERRY
MONTCLAIR,NJ			Cat.3	Races:	535	532	375	CLINT15K	MUSIC20K	HALLOWHM
4 Gary Rosenberg	45	4290	Cat.1	Races:	544	542	370	LAGER5K	PRES	ROCKAWAY
			Cat.2	Races:	532	526	359	RIDGE10K	A8K	3BRIDGES
MORRISTOWN,NJ			Cat.3	Races:	525	520	372	CLINT15K	MUSIC20K	GRSWMP15
5 Rufino Mendez	34	4156	Cat.1	Races:	517	511	378	PRES	LAGER5K	QUAID5K
			Cat.2	Races:	536	517	359	A8K	GIR10K	CHERRY
METUCHEN,NJ			Cat.3	Races:	513	489	336	CLINT15K	LIBHM	RESERVHM
6 John Hogan	50	4150	Cat.1	Races:	520	516	369	LAGER5K	BELCHASE	NORWOOD
			Cat.2	Races:	512	511	352	RIDGE10K	NEWPORT	WOODCL10
TOWNSHIP OF WASHIN GT,NJ			Cat.3	Races:	509	507	354	MUSIC20K	CLINT15K	RUBINHM
7 Beau Atwater	57	4131	Cat.1	Races:	513	512	369	BELCHASE	HARRING	HILLHOP
			Cat.2	Races:	522	508	362	A8K	RIDGE10K	WOODB10
BERNARDSVILLE,NJ			Cat.3	Races:	506	501	338	MUSIC20K	LIBHM	LBI
8 Gary Leaman	56	4120	Cat.1	Races:	515	509	380	HARRING	BELCHASE	TRANSIT
			Cat.2	Races:	524	503	346	A8K	RIDGE10K	OURHOUSE
HARDWICK,NJ			Cat.3	Races:	498	497	348	SHADEHM7	MUSIC20K	SUPERHM
9 Theodore Doyle	26	4115	Cat.1	Races:	565	562	383	COLLEGM	PRES	WESTNITE
			Cat.2	Races:	560	557	393	A8K	NEWPORT	CHERRY
MAPLEWOOD,NJ			Cat.3	Races:	554	541	0	CLINT15K	LIBHM	
10 Jonathan Frieder	45	4063	Cat.1	Races:	558	553	395	BELCHASE	PRES	GLENROCK
			Cat.2	Races:	561	546	394	A8K	RIDGE10K	PARAM10K
HARTSDALE,NY			Cat.3	Races:	528	528	0	LIBHM	MUSIC20K	

WOMEN

1 Roberta Groner	37	4785	Cat.1	Races:	615	610	429	LAGER5K	BELCHASE	ROXBURY
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**CURRENT SYSTEM
MEN**

1 Kyle Price	27	5678	Cat.1	Races:	700	694	500	PRES	XC5K	REDCROSS
			Cat.2	Races:	697	697	494	A8K	NEWPORT	EBRUN10K
MILLTOWN,NJ			Cat.3	Races:	700	696	500	MUSIC20K	LIBHM	HALLOWHM
2 Atilla Sabahoglu	37	5621	Cat.1	Races:	697	679	500	LAGER5K	XC5K	JBELIZ
			Cat.2	Races:	692	676	500	RIDGE10K	NEWPORT	CHERRY
SOMERSET,NJ			Cat.3	Races:	693	684	500	CLINT15K	MUSIC20K	GRSWMP15
3 Matthew Slocum	34	5612	Cat.1	Races:	700	698	496	HARRING	LAGER5K	RIDGE5K
			Cat.2	Races:	693	686	496	GIR10K	NEWPORT	CHERRY
MONTCLAIR,NJ			Cat.3	Races:	678	666	499	CLINT15K	MUSIC20K	HALLOWHM
4 Gary Leaman	56	5608	Cat.1	Races:	695	683	500	HARRING	LAGER5K	TRANSIT
			Cat.2	Races:	684	682	493	GIR10K	A8K	OKTOB10K
HARDWICK,NJ			Cat.3	Races:	692	680	499	SHADEHM7	LIBHM	SUPERHM
5 Gary Rosenberg	45	5596	Cat.1	Races:	695	679	500	LAGER5K	PRES	ROCKAWAY
			Cat.2	Races:	695	683	500	RIDGE10K	A8K	3BRIDGES
MORRISTOWN,NJ			Cat.3	Races:	686	669	489	LIBHM	CLINT15K	GRSWMP15
6 John Hogan	50	5574	Cat.1	Races:	694	687	498	HARRING	LAGER5K	WESTWOOD
			Cat.2	Races:	691	679	500	RIDGE10K	NEWPORT	WOODCL10
TOWNSHIP OF WASHIN GT,NJ			Cat.3	Races:	683	649	493	LIBHM	CLINT15K	RUBINHM
7 Rufino Mendez	34	5545	Cat.1	Races:	684	667	500	LAGER5K	PRES	FANWOOD
			Cat.2	Races:	689	687	493	GIR10K	A8K	CHERRY
METUCHEN,NJ			Cat.3	Races:	678	658	489	LIBHM	CLINT15K	RESERVHM
8 Beau Atwater	57	5532	Cat.1	Races:	692	670	497	HARRING	BELCHASE	HILLHOP
			Cat.2	Races:	688	682	497	RIDGE10K	A8K	SUNSET
BERNARDSVILLE,NJ			Cat.3	Races:	683	637	486	LIBHM	MUSIC20K	LBI
9 Mark Minervini	22	5503	Cat.1	Races:	690	665	500	HARRING	PRES	DINO5K
			Cat.2	Races:	679	671	488	A8K	NEWPORT	SKYLND10
STANHOPE,NJ			Cat.3	Races:	670	640	500	LIBHM	CLINT15K	SHADEHM5
10 John Sabatino	49	5495	Cat.1	Races:	670	646	500	LAGER5K	BELCHASE	WHIPFIRE
			Cat.2	Races:	682	674	495	GIR10K	A8K	WOODCL10
MORRIS PLAINS,NJ			Cat.3	Races:	676	667	485	SHADEHM7	LIBHM	GRSWMP15

WOMEN

1 Roberta Groner	37	5697	Cat.1	Races:	700	698	500	LAGER5K	BELCHASE	WBPIZZA
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			Cat.2 Races: 598 592 425 A8K		RIDGE10K	WOODBR10				Cat.2 Races: 700 700 500 A8K		RIDGE10K	WOODBR10
	RANDOLPH,NJ		Cat.3 Races: 574 567 375 LIBHM		MUSIC20K	LBI			RANDOLPH,NJ	Cat.3 Races: 700 700 499 LIBHM		MUSIC20K	LBI
2	Misa Tamura	50 4316	Cat.1 Races: 546 543 378 HARRING		PRES	TETERBOR			2 Misa Tamura	50 5662	Cat.1 Races: 697 694 500 PRES		HARRING RIVEREDG
			Cat.2 Races: 554 543 375 A8K		RIDGE10K	PARAM10K					Cat.2 Races: 698 696 500 A8K		RIDGE10K PARAM10K
	RIDGEWOOD,NJ		Cat.3 Races: 515 503 359 CLINT15K		LIBHM	SUPERHM			RIDGEWOOD,NJ		Cat.3 Races: 694 684 499 LIBHM		CLINT15K SUPERHM
3	Karen Auteri	34 4243	Cat.1 Races: 547 530 377 LAGER5K		COLLEGM	ROXBURY			3 Mary Christian	52 5634	Cat.1 Races: 692 690 500 LAGER5K		PRES DINO5K
			Cat.2 Races: 537 518 373 A8K		NEWPORT	NMILED10					Cat.2 Races: 693 688 490 RIDGE10K		NEWPORT PATRIOT8
	HACKETTSTOWN,NJ		Cat.3 Races: 510 494 357 CLINT15K		MUSIC20K	GRSWMP15			FLANDERS,NJ		Cat.3 Races: 700 689 492 SHADEHM7		LIBHM SUPERHM
4	Jessica Braun	40 4149	Cat.1 Races: 534 487 380 LAGER5K		XC5K	HILLHOP			4 Aya Leitz	38 5605	Cat.1 Races: 693 689 500 LAGER5K		PRES MATTFENT
			Cat.2 Races: 514 494 370 A8K		XC8K	WESTTURK					Cat.2 Races: 691 690 500 A8K		RIDGE10K STEEP10K
	BRIDGEWATER,NJ		Cat.3 Races: 512 504 354 CLINT15K		MUSIC20K	HALLOWHM			JERSEY CITY,NJ		Cat.3 Races: 686 660 496 LIBHM		MUSIC20K SUPERHM
5	Aya Leitz	38 4096	Cat.1 Races: 522 509 367 LAGER5K		PRES	MATTFENT			5 Suzanne La Burt	52 5601	Cat.1 Races: 676 673 500 LAGER5K		HARRING CUPSAW5K
			Cat.2 Races: 509 508 365 RIDGE10K		NEWPORT	CHERRY					Cat.2 Races: 689 684 500 RIDGE10K		NEWPORT CHERRY
	JERSEY CITY,NJ		Cat.3 Races: 488 487 341 MUSIC20K		CLINT15K	SUPERHM			GREENWOOD LAKE,NY		Cat.3 Races: 695 687 497 SHADEHM7		LIBHM SUPERHM
6	Mary Christian	52 4080	Cat.1 Races: 517 515 343 LAGER5K		PRES	DINO5K			6 Karen Auteri	34 5595	Cat.1 Races: 698 689 500 LAGER5K		HARRING TRANSIT
			Cat.2 Races: 516 512 354 NEWPORT		RIDGE10K	PATRIOT8					Cat.2 Races: 696 690 493 A8K		NEWPORT NMILED10
	FLANDERS,NJ		Cat.3 Races: 501 499 323 CLINT15K		MUSIC20K	SUPERHM			HACKETTSTOWN,NJ		Cat.3 Races: 678 663 488 CLINT15K		MUSIC20K GRSWMP15
7	Suzanne La Burt	52 4057	Cat.1 Races: 495 492 356 LAGER5K		BELCHASE	WESTMILF			7 Susan Kinsella	52 5575	Cat.1 Races: 685 678 495 PRES		LAGER5K PREGAME
			Cat.2 Races: 512 505 368 NEWPORT		RIDGE10K	CHERRY					Cat.2 Races: 691 685 494 A8K		GIR10K HEALTHC5
	GREENWOOD LAKE,NY		Cat.3 Races: 504 480 345 CLINT15K		LIBHM	SUPERHM			MILLINGTON,NJ		Cat.3 Races: 688 666 493 LIBHM		MUSIC20K PRINCEHM
8	Susan Kinsella	52 4036	Cat.1 Races: 499 493 359 LAGER5K		PRES	PREGAME			8 Jessica Braun	40 5541	Cat.1 Races: 696 662 500 LAGER5K		XC5K HILLHOP
			Cat.2 Races: 505 504 354 NEWPORT		A8K	HEALTHC5					Cat.2 Races: 692 637 500 A8K		XC8K 3BRIDGES
	MILLINGTON,NJ		Cat.3 Races: 495 484 343 MUSIC20K		LIBHM	PRINCEHM			BRIDGEWATER,NJ		Cat.3 Races: 681 675 498 CLINT15K		MUSIC20K HALLOWHM
9	Nikki Drader	33 3984	Cat.1 Races: 501 490 377 PRES		LAGER5K	GRSWMP5K			9 Kathy Rocker	50 5529	Cat.1 Races: 679 677 500 LAGER5K		PRES QUAID5K
			Cat.2 Races: 515 490 325 A8K		RIDGE10K	CHERRY					Cat.2 Races: 690 672 496 A8K		GIR10K CHERRY
	NUTLEY,NJ		Cat.3 Races: 514 412 360 LIBHM		MUSIC20K	GRSWMP15			METUCHEN,NJ		Cat.3 Races: 682 644 489 LIBHM		MUSIC20K RESERVHM
10	Kathy Rocker	50 3947	Cat.1 Races: 501 495 357 LAGER5K		BELCHASE	QUAID5K			10 Kate Polles	30 5513	Cat.1 Races: 686 680 500 PRES		LAGER5K CUREDIAB
			Cat.2 Races: 499 476 346 A8K		GIR10K	CHERRY					Cat.2 Races: 682 679 500 RIDGE10K		NEWPORT PALIS10K
	METUCHEN,NJ		Cat.3 Races: 474 466 333 MUSIC20K		LIBHM	RESERVHM			MORRISTOWN,NJ		Cat.3 Races: 665 652 469 CLINT15K		LIBHM SHADEHM5
MEN	16 TO 34								MEN	16 TO 34			
1	Kyle Price	27 4675	Cat.1 Races: 613 581 398 PRES		COLLEGM	REDCROSS			1 Kyle Price	27 5678	Cat.1 Races: 700 694 500 PRES		XC5K REDCROSS
			Cat.2 Races: 588 581 405 NEWPORT		A8K	EBRUN10K					Cat.2 Races: 697 697 494 A8K		NEWPORT EBRUN10K
	MILLTOWN,NJ		Cat.3 Races: 572 553 384 MUSIC20K		LIBHM	HALLOWHM			MILLTOWN,NJ		Cat.3 Races: 700 696 500 MUSIC20K		LIBHM HALLOWHM
2	Matthew Slocum	34 4379	Cat.1 Races: 552 545 386 LAGER5K		PRES	RIDGE5K			2 Matthew Slocum	34 5612	Cat.1 Races: 700 698 496 HARRING		LAGER5K RIDGE5K
			Cat.2 Races: 539 537 378 GIR10K		NEWPORT	CHERRY					Cat.2 Races: 693 686 496 GIR10K		NEWPORT CHERRY

	MONTCLAIR,NJ		Cat.3	Races:	535	532	375	CLINT15K	MUSIC20K	HALLOWHM		MONTCLAIR,NJ		Cat.3	Races:	678	666	499	CLINT15K	MUSIC20K	HALLOWHM	
	3 Rufino Mendez	34	4156	Cat.1	Races:	517	511	378	PRES	LAGER5K	QUAID5K	3 Rufino Mendez	34	5545	Cat.1	Races:	684	667	500	LAGER5K	PRES	FANWOOD
				Cat.2	Races:	536	517	359	A8K	GIR10K	CHERRY				Cat.2	Races:	689	687	493	GIR10K	A8K	CHERRY
	METUCHEN,NJ		Cat.3	Races:	513	489	336	CLINT15K	LIBHM	RESERVHM		METUCHEN,NJ		Cat.3	Races:	678	658	489	LIBHM	CLINT15K	RESERVHM	
MEN	35 TO 39											MEN	35 TO 39									
	1 Atilla Sabahoglu	37	4407	Cat.1	Races:	548	533	399	LAGER5K	XC5K	JBELIZ	1 Atilla Sabahoglu	37	5621	Cat.1	Races:	697	679	500	LAGER5K	XC5K	JBELIZ
				Cat.2	Races:	516	501	400	RIDGE10K	NEWPORT	CHERRY				Cat.2	Races:	692	676	500	RIDGE10K	NEWPORT	CHERRY
	SOMERSET,NJ		Cat.3	Races:	570	544	396	CLINT15K	MUSIC20K	GRSWMP15		SOMERSET,NJ		Cat.3	Races:	693	684	500	CLINT15K	MUSIC20K	GRSWMP15	
	2 Michael Azares	38	3922	Cat.1	Races:	500	497	351	PRES	LAGER5K	ENRIGHT5	2 Michael Azares	38	5422	Cat.1	Races:	677	656	500	LAGER5K	PRES	ENRIGHT5
				Cat.2	Races:	490	483	339	RIDGE10K	NEWPORT	WOODBR10				Cat.2	Races:	671	668	487	RIDGE10K	NEWPORT	NEWK10K
	PARSIPPANY,NJ		Cat.3	Races:	478	453	331	CLINT15K	SHADEHM7	SUPERHM		PARSIPPANY,NJ		Cat.3	Races:	657	611	495	SHADEHM7	CLINT15K	SUPERHM	
	3 Sean Gavor	37	3889	Cat.1	Races:	483	476	341	HARRING	PRES	TOYSTOTS	3 Sean Gavor	37	5395	Cat.1	Races:	679	638	492	HARRING	PRES	REDCROSS
				Cat.2	Races:	485	467	338	RIDGE10K	A8K	HEALTHC5				Cat.2	Races:	666	647	486	RIDGE10K	A8K	HEALTHC5
	SEWAREN,NJ		Cat.3	Races:	484	476	339	CLINT15K	MUSIC20K	UNITEHM		SEWAREN,NJ		Cat.3	Races:	669	627	491	SHADEHM7	CLINT15K	UNITEHM	
MEN	40 TO 44											MEN	40 TO 44									
	1 Robert Skorupski	43	3856	Cat.1	Races:	494	491	353	BELCHASE	LAGER5K	MK5K	1 Robert Skorupski	43	5283	Cat.1	Races:	671	654	497	LAGER5K	BELCHASE	MK5K
				Cat.2	Races:	482	480	331	RIDGE10K	XC8K	GIBBY5M				Cat.2	Races:	660	644	500	RIDGE10K	A8K	GIBBY5M
	ROCKAWAY,NJ		Cat.3	Races:	480	433	312	CLINT15K	MUSIC20K	GRSWMP15		ROCKAWAY,NJ		Cat.3	Races:	622	614	421	CLINT15K	LIBHM	GRSWMP15	
	2 Mark Snyder	42	3755	Cat.1	Races:	477	475	345	PRES	BELCHASE	GLENROCK	2 Mark Snyder	42	5164	Cat.1	Races:	639	634	492	PRES	BELCHASE	MIDPARK
				Cat.2	Races:	471	466	290	NEWPORT	RIDGE10K	PARAM10K				Cat.2	Races:	656	646	439	NEWPORT	A8K	PARAM10K
	PROSPECT PARK,NJ		Cat.3	Races:	460	447	324	MUSIC20K	LIBHM	GRSWMP15		PROSPECT PARK,NJ		Cat.3	Races:	646	572	440	LIBHM	MUSIC20K	GRSWMP15	
	3 Ruscel Kirkland	41	3713	Cat.1	Races:	478	478	338	LAGER5K	COLLEGM	NEWKCORP	3 Ruscel Kirkland	41	5155	Cat.1	Races:	658	636	488	LAGER5K	BELCHASE	NEWKCORP
				Cat.2	Races:	455	451	333	RIDGE10K	NEWPORT	WESTTURK				Cat.2	Races:	648	641	486	GIR10K	NEWPORT	WESTTURK
	PROSPECT PARK,NJ		Cat.3	Races:	433	429	318	LIBHM	MUSIC20K	HALLOWHM		PROSPECT PARK,NJ		Cat.3	Races:	632	489	477	LIBHM	MUSIC20K	HALLOWHM	
MEN	45 TO 49											MEN	45 TO 49									
	1 Gary Rosenberg	45	4290	Cat.1	Races:	544	542	370	LAGER5K	PRES	ROCKAWAY	1 Gary Rosenberg	45	5596	Cat.1	Races:	695	679	500	LAGER5K	PRES	ROCKAWAY
				Cat.2	Races:	532	526	359	RIDGE10K	A8K	3BRIDGES				Cat.2	Races:	695	683	500	RIDGE10K	A8K	3BRIDGES
	MORRISTOWN,NJ		Cat.3	Races:	525	520	372	CLINT15K	MUSIC20K	GRSWMP15		MORRISTOWN,NJ		Cat.3	Races:	686	669	489	LIBHM	CLINT15K	GRSWMP15	
	2 Jonathan Frieder	45	4063	Cat.1	Races:	558	553	395	BELCHASE	PRES	GLENROCK	2 John Sabatino	49	5495	Cat.1	Races:	670	646	500	LAGER5K	BELCHASE	WHIPFIRE
				Cat.2	Races:	561	546	394	A8K	RIDGE10K	PARAM10K				Cat.2	Races:	682	674	495	GIR10K	A8K	WOODCL10
	HARTSDALE,NY		Cat.3	Races:	528	528	0	LIBHM	MUSIC20K			MORRIS PLAINS,NJ		Cat.3	Races:	676	667	485	SHADEHM7	LIBHM	GRSWMP15	
	3 Brian Bumgarner	45	3975	Cat.1	Races:	502	472	344	BELCHASE	XC5K	RUNAWAY	3 Scott Isgett	46	5432	Cat.1	Races:	656	652	500	PRES	BELCHASE	RACHEL
				Cat.2	Races:	505	484	354	A8K	XC8K	STEEP10K				Cat.2	Races:	666	665	486	NEWPORT	A8K	CHERRY
	BRANCHBURG,NJ		Cat.3	Races:	487	477	350	LIBHM	MUSIC20K	SHADEHM5		ROCKAWAY,NJ		Cat.3	Races:	672	665	470	SHADEHM7	LIBHM	GRSWMP15	

MEN		50 TO 54									
1	John Hogan	50	4150	Cat.1	Races:	520	516	369	LAGER5K	BELCHASE	NORWOOD
				Cat.2	Races:	512	511	352	RIDGE10K	NEWPORT	WOODCL10
	TOWNSHIP OF WASHIN	GT,NJ		Cat.3	Races:	509	507	354	MUSIC20K	CLINT15K	RUBINHM
2	Lawrence Czaplewsk	i 54	3905	Cat.1	Races:	487	480	346	LAGER5K	PRES	NEWKCORP
				Cat.2	Races:	492	477	339	A8K	NEWPORT	CHERRY
	WEST CALDWELL,NJ			Cat.3	Races:	475	471	338	MUSIC20K	CLINT15K	GRSWMP15
3	David Mclaughlin	50	3841	Cat.1	Races:	485	481	341	LAGER5K	PRES	MK5K
				Cat.2	Races:	476	475	328	RIDGE10K	NEWPORT	SUNSET
	ROCKAWAY,NJ			Cat.3	Races:	467	462	326	CLINT15K	LIBHM	SUPERHM

MEN		50 TO 54									
1	John Hogan	50	5574	Cat.1	Races:	694	687	498	HARRING	LAGER5K	WESTWOOD
				Cat.2	Races:	691	679	500	RIDGE10K	NEWPORT	WOODCL10
	TOWNSHIP OF WASHIN	GT,NJ		Cat.3	Races:	683	649	493	LIBHM	CLINT15K	RUBINHM
2	Lawrence Czaplewsk	i 54	5352	Cat.1	Races:	669	641	498	LAGER5K	PRES	CALDEDUC
				Cat.2	Races:	665	664	487	A8K	NEWPORT	SUNSET
	WEST CALDWELL,NJ			Cat.3	Races:	650	604	474	LIBHM	CLINT15K	GRSWMP15
3	David Mclaughlin	50	5340	Cat.1	Races:	667	643	485	LAGER5K	PRES	MK5K
				Cat.2	Races:	661	650	482	NEWPORT	RIDGE10K	SUNSET
	ROCKAWAY,NJ			Cat.3	Races:	661	600	491	LIBHM	CLINT15K	SUPERHM

MEN		55 TO 59									
1	Beau Atwater	57	4131	Cat.1	Races:	513	512	369	BELCHASE	HARRING	HILLHOP
				Cat.2	Races:	522	508	362	A8K	RIDGE10K	WOODBR10
	BERNARDSVILLE,NJ			Cat.3	Races:	506	501	338	MUSIC20K	LIBHM	LBI
2	Gary Leaman	56	4120	Cat.1	Races:	515	509	380	HARRING	BELCHASE	TRANSIT
				Cat.2	Races:	524	503	346	A8K	RIDGE10K	OURHOUSE
	HARDWICK,NJ			Cat.3	Races:	498	497	348	SHADEHM7	MUSIC20K	SUPERHM
3	Gene Gugliotta	56	3768	Cat.1	Races:	475	463	329	LAGER5K	BELCHASE	RUNPARK
				Cat.2	Races:	469	459	331	NEWPORT	A8K	WESTTURK
	NORTH PLAINFIELD,N	J		Cat.3	Races:	464	458	320	LIBHM	MUSIC20K	SHADEHM5

MEN		55 TO 59									
1	Gary Leaman	56	5608	Cat.1	Races:	695	683	500	HARRING	LAGER5K	TRANSIT
				Cat.2	Races:	684	682	493	GIR10K	A8K	OKTOB10K
	HARDWICK,NJ			Cat.3	Races:	692	680	499	SHADEHM7	LIBHM	SUPERHM
2	Beau Atwater	57	5532	Cat.1	Races:	692	670	497	HARRING	BELCHASE	HILLHOP
				Cat.2	Races:	688	682	497	RIDGE10K	A8K	SUNSET
	BERNARDSVILLE,NJ			Cat.3	Races:	683	637	486	LIBHM	MUSIC20K	LBI
3	Gene Gugliotta	56	5242	Cat.1	Races:	654	627	480	LAGER5K	BELCHASE	RUNPARK
				Cat.2	Races:	654	642	481	NEWPORT	A8K	WESTTURK
	NORTH PLAINFIELD,N	J		Cat.3	Races:	662	580	462	LIBHM	CLINT15K	SHADEHM5

MEN		60 TO 64									
1	Charlie Slaughter	60	3630	Cat.1	Races:	455	448	334	LAGER5K	PRES	ENRIGHT5
				Cat.2	Races:	451	443	318	A8K	RIDGE10K	WESTTURK
	PARSIPPANY,NJ			Cat.3	Races:	442	430	309	CLINT15K	MUSIC20K	GRSWMP15
2	Peter Auteri	64	3307	Cat.1	Races:	426	416	293	LAGER5K	BELCHASE	RUNMARGE
				Cat.2	Races:	418	406	296	A8K	RIDGE10K	WESTTURK
	POMPTON LAKES,NJ			Cat.3	Races:	404	363	285	LIBHM	MUSIC20K	HALLOWHM
3	Reno Stirrat	61	3295	Cat.1	Races:	504	480	341	BELCHASE	XC5K	PREGAME
				Cat.2	Races:	508	483	0	A8K	XC8K	
	ROCKAWAY,NJ			Cat.3	Races:	496	483	0	MUSIC20K	LIBHM	

MEN		60 TO 64									
1	Charlie Slaughter	60	5126	Cat.1	Races:	649	624	478	HARRING	LAGER5K	MAHONEY
				Cat.2	Races:	635	632	476	A8K	NEWPORT	RUBIN10K
	PARSIPPANY,NJ			Cat.3	Races:	617	551	464	LIBHM	CLINT15K	SUPERHM
2	Peter Auteri	64	4560	Cat.1	Races:	582	552	446	LAGER5K	BELCHASE	SHEPHERD
				Cat.2	Races:	594	576	441	A8K	NEWPORT	WESTTURK
	POMPTON LAKES,NJ			Cat.3	Races:	584	431	354	LIBHM	HALLOWHM	MUSIC20K
3	Reno Stirrat	61	4352	Cat.1	Races:	663	619	485	BELCHASE	XC5K	PREGAME
				Cat.2	Races:	676	613	0	A8K	XC8K	
	ROCKAWAY,NJ			Cat.3	Races:	673	623	0	LIBHM	MUSIC20K	

MEN		65 TO 69									
1	Bill Bosmann	65	3556	Cat.1	Races:	445	440	321	BELCHASE	PRES	CJHANG
				Cat.2	Races:	448	432	303	A8K	NEWPORT	SUNSET

MEN		65 TO 69									
1	Bill Bosmann	65	4977	Cat.1	Races:	601	601	475	BELCHASE	PRES	SPIRIT5K
				Cat.2	Races:	632	619	456	A8K	NEWPORT	SUNSET

ROCKAWAY,NJ Cat.3 Races: 435 435 297 LIBHM MUSIC20K RESERVHM

2 Christophe Lehman 65 3445 Cat.1 Races: 441 436 313 LAGER5K PRES UTF5000
 Cat.2 Races: 445 427 293 A8K GIR10K EBRUN10K
 SOMERSET,NJ Cat.3 Races: 414 379 297 CLINT15K LIBHM HALLOWHM

3 Bruce Langenkamp 66 3364 Cat.1 Races: 421 413 299 HARRING LAGER5K SPOOKY5K
 Cat.2 Races: 422 416 299 A8K GIR10K WESTTURK
 WHARTON,NJ Cat.3 Races: 405 404 285 CLINT15K MUSIC20K CRIME12K

ROCKAWAY,NJ Cat.3 Races: 633 504 456 LIBHM MUSIC20K RESERVHM

2 Christophe Lehman 65 4814 Cat.1 Races: 633 607 462 HARRING LAGER5K WESTNITE
 Cat.2 Races: 630 601 420 A8K GIR10K UTF10K
 SOMERSET,NJ Cat.3 Races: 533 476 452 LIBHM CLINT15K HALLOWHM

3 Carl Weaver 66 4722 Cat.1 Races: 558 546 449 BELCHASE PRES PAULJACK
 Cat.2 Races: 591 557 455 NEWPORT A8K OKTOB10K
 MORRIS PLAINS,NJ Cat.3 Races: 575 566 425 LIBHM SHADEHM7 HALLOWHM

MEN 70 TO 74

1 Przemyslaw Nowicki 71 3199 Cat.1 Races: 421 402 276 BELCHASE PRES CJHANG
 Cat.2 Races: 426 399 271 A8K GIR10K SUNSET
 HOLMDEL,NJ Cat.3 Races: 390 345 269 LIBHM SHADEHM7 RESERVHM

2 Jerald Schragen 70 3001 Cat.1 Races: 368 367 278 BELCHASE LAGER5K TETERBOR
 Cat.2 Races: 377 370 263 NEWPORT RIDGE10K NMILED10
 RAMSEY,NJ Cat.3 Races: 362 362 254 LIBHM CLINT15K HALLOWHM

3 Hilary Peterlin 74 2918 Cat.1 Races: 375 361 253 LAGER5K BELCHASE VERONA
 Cat.2 Races: 369 352 257 RIDGE10K NEWPORT SUNSET
 OAK RIDGE,NJ Cat.3 Races: 357 346 248 LIBHM CLINT15K SUPERHM

MEN 70 TO 74

1 Przemyslaw Nowicki 71 4429 Cat.1 Races: 563 538 441 BELCHASE PRES RACHEL
 Cat.2 Races: 606 554 378 A8K GIR10K SUNSET
 HOLMDEL,NJ Cat.3 Races: 558 397 394 LIBHM SHADEHM7 RESERVHM

2 Jerald Schragen 70 3853 Cat.1 Races: 468 463 392 LAGER5K BELCHASE TETERBOR
 Cat.2 Races: 530 453 377 NEWPORT RIDGE10K OKTOB10K
 RAMSEY,NJ Cat.3 Races: 484 353 333 LIBHM CLINT15K HALLOWHM

3 Hilary Peterlin 74 3655 Cat.1 Races: 488 455 330 LAGER5K PRES VERONA
 Cat.2 Races: 462 450 335 NEWPORT RIDGE10K SUNSET
 OAK RIDGE,NJ Cat.3 Races: 465 368 302 LIBHM SUPERHM CLINT15K

MEN 75 TO 79

1 Matt Lalumia 76 2773 Cat.1 Races: 341 330 249 LAGER5K BELCHASE TRINREIN
 Cat.2 Races: 352 332 249 A8K GIR10K WESTTURK
 CLIFTON,NJ Cat.3 Races: 339 337 244 SHADEHM7 LIBHM GRSWMP15

2 Mike Machuca 76 2679 Cat.1 Races: 343 343 246 LAGER5K PRES HAWORTH
 Cat.2 Races: 345 322 239 RIDGE10K A8K PARAM10K
 RIVER EDGE,NJ Cat.3 Races: 320 312 209 SHADEHM7 LIBHM SUPERHM

3 Joseph Saley 75 2435 Cat.1 Races: 314 314 227 LAGER5K COLLEGMI FIRSTDAY
 Cat.2 Races: 303 302 214 A8K XC8K SUNSET
 TEANECK,NJ Cat.3 Races: 292 277 192 LIBHM MUSIC20K GRSWMP15

MEN 75 TO 79

1 Matt Lalumia 76 3222 Cat.1 Races: 394 379 363 LAGER5K BELCHASE TRINREIN
 Cat.2 Races: 452 358 279 A8K XC8K WESTTURK
 CLIFTON,NJ Cat.3 Races: 396 369 232 LIBHM SHADEHM7 GRSWMP15

2 Mike Machuca 76 3084 Cat.1 Races: 418 406 354 PRES LAGER5K HAWORTH
 Cat.2 Races: 386 373 286 RIDGE10K A8K PARAM10K
 RIVER EDGE,NJ Cat.3 Races: 336 306 219 LIBHM SHADEHM7 SUPERHM

3 Joseph Saley 75 2427 Cat.1 Races: 331 329 295 XC5K LAGER5K TRINREIN
 Cat.2 Races: 340 320 187 XC8K A8K SUNSET
 TEANECK,NJ Cat.3 Races: 284 226 115 LIBHM MUSIC20K GRSWMP15

MEN 80 TO 84

1 Ralph Garfield 80 1733 Cat.1 Races: 340 247 242 BELCHASE STOMP5K CASAKIDS
 Cat.2 Races: 338 316 250 A8K XC8K WESTTURK
 MANALAPAN,NJ Cat.3 Races: 0 0 0

2 George Studzinski 83 1452 Cat.1 Races: 281 271 183 LAGER5K PRES RUBIN5K
 Cat.2 Races: 265 264 0 RIDGE10K A8K
 KINNELON,NJ Cat.3 Races: 188 0 0 CRIME12K

MEN 80 TO 84

1 Ralph Garfield 80 2219 Cat.1 Races: 402 394 378 BELCHASE STOMP5K HILLEL5K
 Cat.2 Races: 416 342 287 A8K XC8K WESTTURK
 MANALAPAN,NJ Cat.3 Races: 0 0 0

2 George Studzinski 83 1552 Cat.1 Races: 318 276 263 RUBIN5K LAGER5K PRES
 Cat.2 Races: 308 249 0 XC8K A8K
 KINNELON,NJ Cat.3 Races: 138 0 0 CRIME12K

3 Joseph La Bruno 84 1391 Cat.1 Races: 208 181 175 XC5K SEANHANA TETERBOR
 Cat.2 Races: 224 223 161 NEWPORT XC8K WESTTURK
 BAYONNE,NJ Cat.3 Races: 219 0 0 MUSIC20K

3 Joseph La Bruno 84 1538 Cat.1 Races: 302 223 179 XC5K MILEMIKE SEANHANA
 Cat.2 Races: 303 213 118 XC8K A8K CHERRY
 BAYONNE,NJ Cat.3 Races: 200 0 0 MUSIC20K

MEN 85 TO 89

1 Nathaniel Fineston e 86 1751 Cat.1 Races: 256 191 185 LAGER5K CJHANG STPATTY
 Cat.2 Races: 262 249 183 NEWPORT A8K CHERRY
 MOUNTAINSIDE,NJ Cat.3 Races: 259 166 0 CLINT15K SUPERHM

MEN 85 TO 89

1 Nathaniel Fineston e 86 1873 Cat.1 Races: 325 300 241 FLORPARK RUBIN5K JOEPIZZA
 Cat.2 Races: 305 232 141 XC8K NEWPORT CHERRY
 MOUNTAINSIDE,NJ Cat.3 Races: 209 120 0 CLINT15K SUPERHM

2 Bill Welsh 86 760 Cat.1 Races: 158 152 124 PRES BELCHASE FLAGDAY
 Cat.2 Races: 120 107 99 XC8K SUNSET CHERRY
 STATEN ISLAND,NY Cat.3 Races: 0 0 0

2 Bill Welsh 86 1110 Cat.1 Races: 300 200 110 XC5K BELCHASE MUSIC5K
 Cat.2 Races: 300 100 100 XC8K WESTTURK SUNSET
 STATEN ISLAND,NY Cat.3 Races: 0 0 0

WOMEN AGES 16 TO 34

1 Karen Auteri 34 4243 Cat.1 Races: 547 530 377 LAGER5K COLLEGM ROXBURY
 Cat.2 Races: 537 518 373 A8K NEWPORT NMILED10
 HACKETTSTOWN,NJ Cat.3 Races: 510 494 357 CLINT15K MUSIC20K GRSWMP15

WOMEN AGES 16 TO 34

1 Karen Auteri 34 5595 Cat.1 Races: 698 689 500 LAGER5K HARRING TRANSIT
 Cat.2 Races: 696 690 493 A8K NEWPORT NMILED10
 HACKETTSTOWN,NJ Cat.3 Races: 678 663 488 CLINT15K MUSIC20K GRSWMP15

2 Nikki Drader 33 3984 Cat.1 Races: 501 490 377 PRES LAGER5K GRSWMP5K
 Cat.2 Races: 515 490 325 A8K RIDGE10K CHERRY
 NUTLEY,NJ Cat.3 Races: 514 412 360 LIBHM MUSIC20K GRSWMP15

2 Kate Polles 30 5513 Cat.1 Races: 686 680 500 PRES LAGER5K CUREDIAB
 Cat.2 Races: 682 679 500 RIDGE10K NEWPORT PALIS10K
 MORRISTOWN,NJ Cat.3 Races: 665 652 469 CLINT15K LIBHM SHADEHM5

3 Kate Polles 30 3936 Cat.1 Races: 506 502 351 BELCHASE LAGER5K TOYSTOTS
 Cat.2 Races: 499 494 352 NEWPORT RIDGE10K CHERRY
 MORRISTOWN,NJ Cat.3 Races: 493 430 309 CLINT15K LIBHM SHADEHM5

3 Jessica Simao 29 5432 Cat.1 Races: 684 676 500 PRES HARRING PGCHAMBR
 Cat.2 Races: 671 661 490 GIR10K RIDGE10K CHERRY
 RUTHERFORD,NJ Cat.3 Races: 672 592 486 LIBHM CLINT15K RESERVHM

WOMEN AGES 35 TO 39

1 Roberta Groner 37 4785 Cat.1 Races: 615 610 429 LAGER5K BELCHASE ROXBURY
 Cat.2 Races: 598 592 425 A8K RIDGE10K WOODBR10
 RANDOLPH,NJ Cat.3 Races: 574 567 375 LIBHM MUSIC20K LBI

WOMEN AGES 35 TO 39

1 Roberta Groner 37 5697 Cat.1 Races: 700 698 500 LAGER5K BELCHASE WBPIZZA
 Cat.2 Races: 700 700 500 A8K RIDGE10K WOODBR10
 RANDOLPH,NJ Cat.3 Races: 700 700 499 LIBHM MUSIC20K LBI

2 Aya Leitz 38 4096 Cat.1 Races: 522 509 367 LAGER5K PRES MATTFENT
 Cat.2 Races: 509 508 365 RIDGE10K NEWPORT CHERRY
 JERSEY CITY,NJ Cat.3 Races: 488 487 341 MUSIC20K CLINT15K SUPERHM

2 Aya Leitz 38 5605 Cat.1 Races: 693 689 500 LAGER5K PRES MATTFENT
 Cat.2 Races: 691 690 500 A8K RIDGE10K STEEP10K
 JERSEY CITY,NJ Cat.3 Races: 686 660 496 LIBHM MUSIC20K SUPERHM

3 Iris Aceituno 35 3071 Cat.1 Races: 413 393 287 HARRING PRES BRODY5K
 Cat.2 Races: 413 398 266 A8K GIR10K CHERRY
 MINE HILL,NJ Cat.3 Races: 369 291 241 LIBHM GRSWMP15 SUPERHM

3 Iris Aceituno 35 4360 Cat.1 Races: 615 566 444 HARRING PRES BRODY5K
 Cat.2 Races: 607 553 382 A8K GIR10K CHERRY
 MINE HILL,NJ Cat.3 Races: 504 346 343 LIBHM GRSWMP15 SUPERHM

WOMEN AGES 40 TO 44

1 Jessica Braun 40 4149 Cat.1 Races: 534 487 380 LAGER5K XC5K HILLHOP
 Cat.2 Races: 514 494 370 A8K XC8K WESTTURK

WOMEN AGES 40 TO 44

1 Jessica Braun 40 5541 Cat.1 Races: 696 662 500 LAGER5K XC5K HILLHOP
 Cat.2 Races: 692 637 500 A8K XC8K 3BRIDGES

BRIDGEWATER,NJ Cat.3 Races: 512 504 354 CLINT15K MUSIC20K HALLOWHM

2 Alison Smith 41 3735 Cat.1 Races: 479 459 338 LAGER5K BELCHASE TETERBOR
Cat.2 Races: 480 466 332 A8K RIDGE10K CHERRY
RED BANK,NJ Cat.3 Races: 436 435 310 SHADEHM7 MUSIC20K SUPERHM

3 Sherri Landolfi 44 3180 Cat.1 Races: 433 313 313 LAGER5K RUNMARGE FIRSTDAY
Cat.2 Races: 417 416 305 A8K RIDGE10K PARAM10K
LINCOLN PARK,NJ Cat.3 Races: 401 295 287 SHADEHM7 GRSWMP15 HAUNTHM

BRIDGEWATER,NJ Cat.3 Races: 681 675 498 CLINT15K MUSIC20K HALLOWHM

2 Alison Smith 41 5380 Cat.1 Races: 664 658 497 LAGER5K BELCHASE RUBIN5K
Cat.2 Races: 680 662 492 A8K RIDGE10K CHERRY
RED BANK,NJ Cat.3 Races: 671 570 486 SHADEHM7 MUSIC20K SUPERHM

3 Sherri Landolfi 44 4589 Cat.1 Races: 620 486 475 LAGER5K OBURG SPIRIT5K
Cat.2 Races: 616 597 453 A8K RIDGE10K PARAM10K
LINCOLN PARK,NJ Cat.3 Races: 543 411 388 SHADEHM7 HAUNTHM SUPERHM

WOMEN AGES 45 TO 49

1 Sheila Courter 46 3808 Cat.1 Races: 476 476 337 HARRING LAGER5K PAULJACK
Cat.2 Races: 475 467 331 RIDGE10K NEWPORT PARAM10K
WESTFIELD,NJ Cat.3 Races: 463 454 329 MUSIC20K CLINT15K UNITEHM

2 Wendy Reed 46 3735 Cat.1 Races: 466 461 340 HARRING LAGER5K NEWKCORP
Cat.2 Races: 475 464 326 A8K GIR10K OKTOB10K
EAST BRUNSWICK,NJ Cat.3 Races: 445 445 313 LIBHM CLINT15K LBI

3 Jennifer Simpson 47 3688 Cat.1 Races: 474 440 343 HARRING XC5K STPETER
Cat.2 Races: 474 444 341 A8K GIR10K WESTTURK
WESTFIELD,NJ Cat.3 Races: 432 428 312 SHADEHM7 LIBHM GRSWMP15

WOMEN AGES 45 TO 49

1 Sheila Courter 46 5470 Cat.1 Races: 668 663 484 HARRING BELCHASE PAULJACK
Cat.2 Races: 670 663 478 RIDGE10K GIR10K PARAM10K
WESTFIELD,NJ Cat.3 Races: 680 673 491 SHADEHM7 LIBHM UNITEHM

2 Wendy Reed 46 5392 Cat.1 Races: 663 655 498 HARRING BELCHASE VIKING5K
Cat.2 Races: 679 659 487 A8K GIR10K OKTOB10K
EAST BRUNSWICK,NJ Cat.3 Races: 671 597 483 LIBHM CLINT15K LBI

3 Jennifer Simpson 47 5272 Cat.1 Races: 666 603 490 HARRING XC5K STPETER
Cat.2 Races: 676 648 483 A8K GIR10K WESTTURK
WESTFIELD,NJ Cat.3 Races: 648 641 417 LIBHM SHADEHM7 GRSWMP15

WOMEN AGES 50 TO 54

1 Misa Tamura 50 4316 Cat.1 Races: 546 543 378 HARRING PRES TETERBOR
Cat.2 Races: 554 543 375 A8K RIDGE10K PARAM10K
RIDGEWOOD,NJ Cat.3 Races: 515 503 359 CLINT15K LIBHM SUPERHM

2 Mary Christian 52 4080 Cat.1 Races: 517 515 343 LAGER5K PRES DINO5K
Cat.2 Races: 516 512 354 NEWPORT RIDGE10K PATRIOT8
FLANDERS,NJ Cat.3 Races: 501 499 323 CLINT15K MUSIC20K SUPERHM

3 Suzanne La Burt 52 4057 Cat.1 Races: 495 492 356 LAGER5K BELCHASE WESTMILF
Cat.2 Races: 512 505 368 NEWPORT RIDGE10K CHERRY
GREENWOOD LAKE,NY Cat.3 Races: 504 480 345 CLINT15K LIBHM SUPERHM

WOMEN AGES 50 TO 54

1 Misa Tamura 50 5662 Cat.1 Races: 697 694 500 PRES HARRING RIVEREDG
Cat.2 Races: 698 696 500 A8K RIDGE10K PARAM10K
RIDGEWOOD,NJ Cat.3 Races: 694 684 499 LIBHM CLINT15K SUPERHM

2 Mary Christian 52 5634 Cat.1 Races: 692 690 500 LAGER5K PRES DINO5K
Cat.2 Races: 693 688 490 RIDGE10K NEWPORT PATRIOT8
FLANDERS,NJ Cat.3 Races: 700 689 492 SHADEHM7 LIBHM SUPERHM

3 Suzanne La Burt 52 5601 Cat.1 Races: 676 673 500 LAGER5K HARRING CUPSAW5K
Cat.2 Races: 689 684 500 RIDGE10K NEWPORT CHERRY
GREENWOOD LAKE,NY Cat.3 Races: 695 687 497 SHADEHM7 LIBHM SUPERHM

WOMEN AGES 55 TO 59

1 Debbie Brathwaite 56 3578 Cat.1 Races: 449 448 328 LAGER5K BELCHASE TETERBOR
Cat.2 Races: 441 439 310 RIDGE10K NEWPORT SUNSET
HAWTHORNE,NJ Cat.3 Races: 430 418 315 MUSIC20K CLINT15K OCEAN10M

2 Patricia Butcher 55 3572 Cat.1 Races: 451 434 333 HARRING COLLEGM I CJHANG
Cat.2 Races: 456 439 298 A8K XC8K PATRIOT8
HAWTHORNE,NJ Cat.3 Races: 435 427 299 LIBHM SHADEHM7 RESERVHM

WOMEN AGES 55 TO 59

1 Patricia Butcher 55 5194 Cat.1 Races: 650 568 492 HARRING XC5K EDEN
Cat.2 Races: 664 639 452 A8K GIR10K PATRIOT8
HAWTHORNE,NJ Cat.3 Races: 657 617 455 LIBHM SHADEHM7 RESERVHM

2 Teresa Simpson 55 5141 Cat.1 Races: 630 629 492 BELCHASE HARRING MARYROSE
Cat.2 Races: 650 602 465 A8K RIDGE10K OKTOB10K
WALDWICK,NJ Cat.3 Races: 617 602 454 LIBHM SHADEHM7 HALLOWHM

3 Teresa Simpson 55 3466 Cat.1 Races: 433 429 310 LAGER5K HARRING AMBSREIN
 Cat.2 Races: 441 420 306 A8K RIDGE10K NMILED10
 WALDWICK,NJ Cat.3 Races: 418 409 300 SHADEHM7 LIBHM GRSWMP15

3 Debbie Brathwaite 56 5103 Cat.1 Races: 652 652 491 BELCHASE PRES VERONA
 Cat.2 Races: 640 632 453 NEWPORT RIDGE10K SUNSET
 HAWTHORNE,NJ Cat.3 Races: 549 549 485 CLINT15K MUSIC20K OCEAN10M

WOMEN AGES 60 TO 64

1 Nora Cary 60 3855 Cat.1 Races: 500 473 332 LAGER5K PRES PREGAME
 Cat.2 Races: 482 478 341 GIR10K NEWPORT CHERRY
 MORRISTOWN,NJ Cat.3 Races: 467 462 320 CLINT15K LIBHM SUPERHM

2 Mary Wingate 60 3523 Cat.1 Races: 436 427 316 HARRING PRES FANWOOD
 Cat.2 Races: 448 441 317 GIR10K A8K STEEP10K
 FANWOOD,NJ Cat.3 Races: 428 396 314 SHADEHM7 LIBHM GRSWMP15

3 Susan Stirrat 60 3392 Cat.1 Races: 433 407 302 LAGER5K BELCHASE ROXBURY
 Cat.2 Races: 437 430 305 XC8K A8K WESTTURK
 ROCKAWAY,NJ Cat.3 Races: 415 375 288 LIBHM MUSIC20K SHADEHM5

WOMEN AGES 60 TO 64

1 Nora Cary 60 5491 Cat.1 Races: 679 672 491 LAGER5K PRES PREGAME
 Cat.2 Races: 675 668 494 GIR10K NEWPORT CHERRY
 MORRISTOWN,NJ Cat.3 Races: 679 641 492 LIBHM CLINT15K SUPERHM

2 Mary Wingate 60 5211 Cat.1 Races: 636 631 489 HARRING PRES DONUT5K
 Cat.2 Races: 649 649 470 A8K GIR10K STEEP10K
 FANWOOD,NJ Cat.3 Races: 626 580 481 SHADEHM7 LIBHM HALLOWHM

3 Judith Hudson 61 4970 Cat.1 Races: 611 602 496 HARRING PRES FLORPARK
 Cat.2 Races: 603 587 457 A8K NEWPORT OKTOB10K
 WESTFIELD,NJ Cat.3 Races: 580 573 461 LIBHM SHADEHM7 HALLOWHM

WOMEN AGES 65 TO 69

1 Peggy Richko 67 3136 Cat.1 Races: 389 381 276 LAGER5K BELCHASE TENAFly
 Cat.2 Races: 401 388 288 A8K RIDGE10K CHERRY
 HEWITT,NJ Cat.3 Races: 386 369 258 CLINT15K MUSIC20K RESERVHM

2 Joann Coffee 67 3084 Cat.1 Races: 429 412 303 LAGER5K HARRING PORTUGAL
 Cat.2 Races: 420 419 301 NEWPORT RIDGE10K CHERRY
 SOMERSET,NJ Cat.3 Races: 404 396 0 MUSIC20K LIBHM

3 Lynda Brush 68 2613 Cat.1 Races: 385 382 262 PRES COLLEGM MK5K
 Cat.2 Races: 366 362 261 RIDGE10K NEWPORT RUNWINT
 ANNANDALE,NJ Cat.3 Races: 346 249 0 CLINT15K GRSWMP15

WOMEN AGES 65 TO 69

1 Joann Coffee 67 4449 Cat.1 Races: 613 612 482 HARRING LAGER5K STOMP5K
 Cat.2 Races: 617 604 467 NEWPORT A8K CHERRY
 SOMERSET,NJ Cat.3 Races: 582 472 0 LIBHM MUSIC20K

2 Peggy Richko 67 4264 Cat.1 Races: 565 534 452 BELCHASE LAGER5K TENAFly
 Cat.2 Races: 586 516 442 A8K RIDGE10K CHERRY
 HEWITT,NJ Cat.3 Races: 427 391 351 CLINT15K MUSIC20K RESERVHM

3 Lynda Brush 68 3248 Cat.1 Races: 546 488 404 PRES BELCHASE MK5K
 Cat.2 Races: 477 446 334 NEWPORT RIDGE10K RUNWINT
 ANNANDALE,NJ Cat.3 Races: 314 239 0 CLINT15K GRSWMP15

WOMEN AGES 70 TO 74

1 Antje Hennings 71 2393 Cat.1 Races: 293 293 213 HARRING PRES PREGAME
 Cat.2 Races: 304 292 217 A8K GIR10K PARAM10K
 DEMAREST,NJ Cat.3 Races: 302 288 191 CLINT15K MUSIC20K RUBINHM

2 Mary Ann Murphy 73 2371 Cat.1 Races: 324 305 238 LAGER5K PRES FPHALLWN
 Cat.2 Races: 328 320 229 A8K GIR10K CHERRY
 LIVINGSTON,NJ Cat.3 Races: 316 311 0 CLINT15K LIBHM

3 Patricia O'hanlon 72 1762 Cat.1 Races: 294 291 216 PRES LAGER5K TETERBOR
 Cat.2 Races: 268 265 192 A8K NEWPORT SUNSET
 JERSEY CITY,NJ Cat.3 Races: 236 0 0 LIBHM

WOMEN AGES 70 TO 74

1 Mary Ann Murphy 73 2665 Cat.1 Races: 384 381 336 LAGER5K FPHALLWN PRES
 Cat.2 Races: 382 345 270 A8K XC8K CHERRY
 LIVINGSTON,NJ Cat.3 Races: 313 254 0 LIBHM CLINT15K

2 Antje Hennings 71 2345 Cat.1 Races: 374 313 298 HARRING LAGER5K JBELIZ
 Cat.2 Races: 326 230 188 A8K RIDGE10K WESTTURK
 DEMAREST,NJ Cat.3 Races: 256 239 121 LIBHM SHADEHM7 RUBINHM

3 Patricia O'hanlon 72 1930 Cat.1 Races: 380 327 321 MATTFENT HARRING XC5K
 Cat.2 Races: 327 249 120 XC8K A8K SUNSET
 JERSEY CITY,NJ Cat.3 Races: 206 0 0 LIBHM

WOMEN AGES 75 TO 79

1 Imme Dyson	79	2553	Cat.1	Races:	304	239	237	XC5K	CARNEGIE	HAIRDOG
			Cat.2	Races:	338	337	232	GIR10K	A8K	STEEP10K
PRINCETON,NJ			Cat.3	Races:	332	297	237	CLINT15K	LIBHM	GRSWMP15
2 Anna Thornhill	75	2416	Cat.1	Races:	357	354	266	BELCHASE	HARRING	STOMP5K
			Cat.2	Races:	372	369	0	A8K	RIDGE10K	
NEW YORK,NY			Cat.3	Races:	353	345	0	CLINT15K	LIBHM	
3 Zionabelle Ondrey	75	1205	Cat.1	Races:	191	183	183	CPLBREAK	PAULJACK	WESTNITE
			Cat.2	Races:	263	194	191	A8K	CHERRY	WESTTURK
CRANFORD,NJ			Cat.3	Races:	0	0	0			

WOMEN AGES 80 TO 84

1 Diane Stone	84	1039	Cat.1	Races:	218	194	164	LAGER5K	BELCHASE	MK5K
			Cat.2	Races:	177	146	140	XC8K	PATRIOT8	WESTTURK
CHATHAM,NJ			Cat.3	Races:	0	0	0			
2 Shirley Pettijohn	82	1031	Cat.1	Races:	218	194	156	LAGER5K	BELCHASE	ENRIGHT5
			Cat.2	Races:	177	146	140	XC8K	PATRIOT8	WESTTURK
CHATHAM,NJ			Cat.3	Races:	0	0	0			
3 Melva Murray	83	723	Cat.1	Races:	184	163	135	BELCHASE	LAGER5K	HILLHOP
			Cat.2	Races:	136	105	0	XC8K	PATRIOT8	
HILLSBOROUGH,NJ			Cat.3	Races:	0	0	0			
4 Carolyn Weaver	81	426	Cat.1	Races:	146	141	139	ROXBURY	GIR5K	DOVER5K
			Cat.2	Races:	0	0	0			
ROCKAWAY,NJ			Cat.3	Races:	0	0	0			

WOMEN AGES 85 TO 89

1 Patricia Tummey	86	871	Cat.1	Races:	169	140	138	XC5K	GIR5K	MK5K
			Cat.2	Races:	165	135	124	XC8K	WESTTURK	PATRIOT8
RANDOLPH,NJ			Cat.3	Races:	0	0	0			

WOMEN AGES 75 TO 79

1 Anna Thornhill	75	3242	Cat.1	Races:	523	503	452	HARRING	BELCHASE	STOMP5K
			Cat.2	Races:	518	481	0	A8K	NEWPORT	
NEW YORK,NY			Cat.3	Races:	433	332	0	LIBHM	CLINT15K	
2 Imme Dyson	79	2843	Cat.1	Races:	422	368	329	HAIRDOG	XC5K	CARNEGIE
			Cat.2	Races:	410	349	233	A8K	XC8K	EBRUN10K
PRINCETON,NJ			Cat.3	Races:	281	280	171	CLINT15K	LIBHM	GRSWMP15
3 Madeline Bost	76	1232	Cat.1	Races:	315	284	225	XC5K	LAGER5K	EBRUN5K
			Cat.2	Races:	308	0	0	A8K		
RANDOLPH,NJ			Cat.3	Races:	100	0	0	GRSWMP15		

WOMEN AGES 80 TO 84

1 Shirley Pettijohn	82	1287	Cat.1	Races:	309	232	197	XC5K	LAGER5K	CHESHIRE
			Cat.2	Races:	313	129	107	XC8K	PATRIOT8	WESTTURK
CHATHAM,NJ			Cat.3	Races:	0	0	0			
2 Diane Stone	84	1285	Cat.1	Races:	303	234	214	XC5K	LAGER5K	SPOOKY5K
			Cat.2	Races:	309	119	106	XC8K	PATRIOT8	WESTTURK
CHATHAM,NJ			Cat.3	Races:	0	0	0			
3 Melva Murray	83	1040	Cat.1	Races:	300	204	136	XC5K	BELCHASE	CHESHIRE
			Cat.2	Races:	300	100	0	XC8K	PATRIOT8	
HILLSBOROUGH,NJ			Cat.3	Races:	0	0	0			
4 Carolyn Weaver	81	338	Cat.1	Races:	114	114	110	DOVER5K	ROXBURY	RACHEL
			Cat.2	Races:	0	0	0			
ROCKAWAY,NJ			Cat.3	Races:	0	0	0			

WOMEN AGES 85 TO 89

1 Patricia Tummey	86	1046	Cat.1	Races:	306	115	109	XC5K	MK5K	ELLIE5K
			Cat.2	Races:	304	110	102	XC8K	PATRIOT8	WESTTURK
RANDOLPH,NJ			Cat.3	Races:	0	0	0			