

USATF-NJ Open & Masters Women & Men 5k Cross Country Championships



Sunday – August 30, 2015
Natirar Park/Peapack Gladstone

Registration: 7:30am
USATF-NJ Open/Masters Championship: 9:00am
Awards: 11:00am

Pre-Entry received by August 25th *Race Day:*
USATF-NJ Members: \$17 USATF-NJ Members: \$20
All Others: \$20 All Others: \$25



Online Registration: <https://www.usatf.org/Products---Services/Event-Registration-Form.aspx?e=106179>

USATF-NJ Championship Awards to USATF-NJ members and USATF-NJ clubs

Individual: Top 8 Open (16-39 years) Men & Women
Top 3 Masters in 40+ 5 year age groups Men & Women
Top 3 Junior (14-19) Men & Women

Team: Top 3 Open and Masters Age Group Teams in each division
Men: Open, 40's, 50's (declare up to 10; score 5); Men's 60's, Men's 70's, 80's (declare up to 6; score 3)
Women: Open (declare up to 10; score 5); 40's, 50's, 60's, 70's, 80's+ (declare up to 6; score 3)

Directions to Natirar Park: From Route 78 to 287
Follow Route 78 west to Route 287 North (Exit 29)
Take Route 287 North to Exit 22B (Route 202/206 North)
Take Route 202/206 North to the split and bear right to stay on Route 202
Take Route 202 to the first light
At the light make a left onto Main Street (still Route 202)
Take Main Street approximately ½ mile across the North Branch River to the first light.
Make a left onto Peapack Road (Route 512)
Take Peapack Road approximately 1 mile to the main entrance
287 South: Take Exit 22 and follow above directions

For information or questions please contact: usatfnj@hotmail.com or 973-334-8900

No Headphones allowed during this race!

Check or Money Order MUST accompany entry form

Mail Entries Payable to: USATF-NJ XC 5k, 150 River Road, Suite N-3, Montville, NJ 07045

Last Name: _____ First Name: _____ Gender: _____

Address: _____ Date of Birth: _____

Town/City: _____ State: _____ Zip: _____ Age on Race Day: _____

2015 USATF-NJ#: _____ Telephone: _____

In consideration of accepting this entry I hereby waive and release all rights and claims from damages I may have against, USA Track & Field, Inc., the New Jersey Association of USA Track & Field, Inc., New Balance North Jersey, Somerset County Park System Park Commission, their staff, administration, volunteers, officials and any representative, for all injuries by me in said event. Furthermore, I state that I have trained for and I am physically capable of successfully completing this race.

Signature (Parent or Guardian if under 18 years old)

Date