

THE LONG DISTANCE RUNNING COMMITTEE OF
USATF NEW JERSEY PRESENTS...

The "Lucky 7" Series



*USATF New Jersey now offers
a program just for you!*

If you live in one of the 7 southern counties of New Jersey*, love to run road races, love to compete with your peers next door, then you are in luck!

USATF New Jersey is pleased to announce that beginning in 2011, the Long Distance Running (LDR) Committee is adding another Series to our LDR programs. This new "Lucky 7" Series is similar to the New Balance Grand Prix but the participants will ALL come from the 7 southern counties of New Jersey.

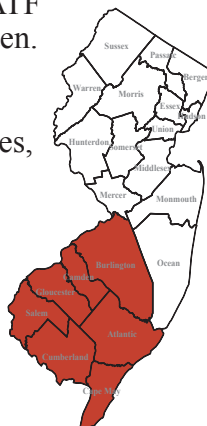
All "Lucky 7" USATF New Jersey members, 14 and up for women and 16 and up for men, who compete in New Balance Grand Prix events, will be tallied in both the New Balance Grand Prix as well as in the new "Lucky 7" Series, so you can track your progress in both programs through the end of the year. There will be no double dipping by the New Balance Grand Prix award winners so South Jersey USATF New Jersey members will now have a lot more chances to win!

We will continue to add races in all distance categories into the New Balance Grand Prix in the geographical area known as South Jersey. "Lucky 7" runners are also able to score in all USATF New Jersey sanctioned races in the New Balance Grand Prix ANYWHERE in the state.

To find New Balance Grand Prix races near you, check the USATF New Jersey website: www.usatfnj.org; Road Race Calendar often. We add new Grand Prix races nearly every week!

For complete rules and more information on the "Lucky 7" Series, please go to www.usatfnj.org/ldr.

* Burlington, Camden, Gloucester, Salem, Cumberland, Cape May and Atlantic



*South
Jersey,
are you
feeling
Lucky?!*

**"You've gotta
be in it
to
win it!"**

Annual Awards:

First Overall Male & Female;
Top 3 in each Age Group:
14-34 (females);
16-34 (males);
5 year age groups 35-90

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