

**Tommy Burns Foundation USATF New Jersey Youth  
Indoor Track & Field Developmental Series**

**John Bennett Indoor Athletic Complex  
1519 Hooper Ave, Toms River, NJ 08753**

**Sunday, December 14, 2008  
Sunday, February 22, 2009**



**THOMAS F. BURNS FOUNDATION**

**Event Schedule** - Events run youngest to oldest, girls then boys. Running & field events start at 10am.

**12/14/08 - event schedule:**

400m, 1600m, 55m\*, 55H, 800m, 1600 RW, 4x200, Shot, HJ.

**2/22/09 - event schedule:**

3000m, 55m\*, 55H, 800m, 200m, 1600 RW, 4x400, Shot, HJ.

\*55m finals only; girls and boys run simultaneously.

See [www.usatfnj.org/tf/track&field\\_schedule.html](http://www.usatfnj.org/tf/track&field_schedule.html) for updates.

**Age Divisions for 2008\* meet:**

Sub-Bantam	Born 2000 or later
Bantam	Born 1998—1999
Midget	Born 1996—1997
Youth	Born 1994—1995
Intermediate	Born 1992—1993
Young M/W	Born 1990—1991

\*Add 1 year for 2009 meet

**Awards:**

Ribbons to top 3 in each division of each event.

**NOTE:** *Up to 1/8" SPIKES WILL BE ALLOWED  
Inspection & certification done at number pickup*

**PRE-ENTRIES ONLY - NO POST REGISTRATION!  
REGISTRATION ONLINE ONLY AT [WWW.COACHO.COM](http://WWW.COACHO.COM)  
Entries and fees must be received by Sunday, 11:59 PM  
before each meet**

**Entry Fees:**

\$6 for one event or \$5 per event if entering more than 1 event;  
\$20 relays. Maximum of 3 events per athlete.

All Athletes must register through CoachO.  
NO refunds will be given for any reason.

Access to facility starts at 9am; coaches meeting at 9:45am,  
first events at 10am. Please check in when event is called.

**DIRECTIONS:**

**Directions: From the North:** Garden State Parkway (GSP) South to Exit 82 (Rte 37 East). Continue on Rte 37E to 2nd traffic light (Hooper Ave). Take jug handle over Rte 37 & go north on Hooper Ave. The Sports Complex is approx. 500' after the 7th traffic light (Indian Hill Rd). **From the South:** Take GSP North to Exit 83 (Pleasant Plains). Make 1st right onto Route 571 (Indian Head Rd). Go to 4th light (Hooper Ave). Take jughandle after the light. Proceed north Hooper Ave. The Sports Complex is approx. 500' after the 4th traffic light (Indian Hill Road). **From the West:** Take Route 70 East to Route 37 East. Continue on Rte 37E underneath the Garden State Parkway. At 2nd light after the overpass take the jug handle over Rte 37, to go north on Hooper Ave. The sports complex is approx. 500' after the 7th traffic light (Indian Hill Rd).

**Questions:** Should be directed to Kevin via email: [kevturmer@comcast.net](mailto:kevturmer@comcast.net)



**USA TRACK & FIELD**<sup>SM</sup>  
**NEW JERSEY**