

# General Information & Rules

## Junior Olympic Preliminary Qualifier Meets (14 years and Under)

**Who must compete in the Preliminary Qualifier Meets?** All athletes in the **Sub-Bantam, Bantam, Midget and Youth** divisions who are competing in the Shot Put, Turbo Jav, Long Jump and all Track Events (except the 4 x 800m Relay and all Hurdle races) must compete in one of the Preliminary Qualifiers in order to advance to the Association Championships on June 9-10.

**IMPORTANT** – Athletes may compete in only 1 preliminary meet. Any athlete found to have competed in more than 1 preliminary meet will be disqualified and will not advance. Athletes who are competing in one of the events which is not contested at the Preliminary Qualifier Meets (TJ, HJ, Discus, Javelin, Pole Vault, 4X800m relay, all Hurdle races) must register online in order to compete at the Association Championships. The Preliminaries and the Association Meet will not accept any entries by mail from individuals or clubs. Entries will only be accepted through the online registration.

### ENTRY FEES

**All Prelim Entries must be done online:**

**www.usatfnj.org/youth -- NO POST REGISTRATION**

**Entry Fees:** \$4/individual event; \$16/Relay (must bring a complete Relay Declaration Form to the preliminary meet)

Association Meet events not being contested at the Preliminary Qualifier Meets are \$5 per individual event; \$20/Relay. Register online and mail completed Relay Declaration Form to the Association meet, postmarked by June 1st.

**EVENT RESTRICTION:** A competitor in either the Sub-Bantam, Bantam or Midget Division may compete in no more than 3 track and/or field events including relays. In the Youth Division, no more than 4 track and/or field events including relays.

**AWARDS:** PRELIMINARY MEETS: 1st-6th – Ribbons; Association Meet: 1st-3rd – Medals

**ADVANCEMENT PROCEDURES (no move-ups):**

**14 YEARS & UNDER PRELIMINARY MEET:** Top 6 advance to Association Championships..

**ASSOCIATION CHAMPIONSHIP:** TOP 6 in each event advance to the Region 2 Junior Olympic Championships in Pomona, NJ. Athletes who qualify for the Association Championships **MUST SUBMIT & PAY CASH FOR ALL ADVANCEMENT PAPERWORK/FEEES FOR ASSOCIATION CHAMPS BEFORE LEAVING YOUR PRELIMINARY QUALIFIER MEET.**

**REGIONAL CHAMPIONSHIPS:** TOP 3 advance to the National Junior Olympic Championships in Walnut, California.

**NOTE:** The Sub-Bantam Division does not advance beyond the Regional Championships. Once an athlete chooses to compete as a Sub-Bantam in either an individual event or on a relay, they may not compete as a Bantam in another event.

**USATF MEMBERSHIP:** 2007 USATF Membership is required to compete in all Junior Olympic competitions. Online membership registration is available at [www.usatf.org](http://www.usatf.org) (under membership) for immediate notification of 2007 number. Membership questions, call 973-334-8900. **MEMBERSHIPS CANNOT BE OBTAINED OVER THE PHONE.**

**PROOF OF AGE:** All participants must provide proof of age. **No Exceptions.** All entrants must submit a copy of their 2007 USATF-NJ membership card indicating their age has been verified or a non-returnable copy of their birth certificate at packet pickup. Age-Verification **MUST** be presented at preliminary meets in order to advance.

**CHECK IN:** Athletes must check in at least 30 minutes prior to each event. Each track athlete (or relay) will report to the clerk of the course before their respective event. The athlete will be taken to the start by the clerk. Field event athletes will report directly to the event.

**IMPLEMENTS:** Competitors must supply their own implements. Implements must meet USATF specifications. Any implement weighed in becomes the property of the meet until the competition is completed. Therefore, anyone wishing to use that particular implement may do so.

**RELAY/CLUB INFORMATION:** To compete as a relay you must belong to a 2007 USATF-New Jersey registered club. A completed "Relay Declaration Form" must be submitted at packet pickup in order to compete. These declarations cannot be changed at any point in the Junior Olympic Program. They are available online at [www.usatfnj.org/youth](http://www.usatfnj.org/youth).

**UNIFORMS:** There will be no specific uniforms required, except for the relays, where all shirts must look alike. A shirt of some type must be worn at all times during competition.

## Junior Olympic Age Group Events Contested

	SB	SG	BB	BG	MB	MG	YB	YG
1500 RW			1	2	3	4		
3000 RW							1	2
4X100m	1	2	3	4	5	6	7	8
3000M RUN					1	2	3	4
100M Semi	1	2	3	4	5	6	7	8
1500M	1	2	3	4	5	6	7	8
100M Final	1	2	3	4	5	6	7	8
400M	1	2	3	4	5	6	7	8
800M	1	2	3	4	5	6	7	8
200M	1	2	3	4	5	6	7	8
4x400m	1	2	3	4	5	6	7	8
4x800m					A	A	A	A
80M Hurdles					A	A		
100M Hurdles							A	A
200m Hurdles							A	A
Long Jump	7	8	3	4	5	6	1	2
Shot Put			3	4	5	6	1	2
Turbo Jav			1	2	3	4		
HJ			A	A	A	A	A	A
Triathlon			R	R				
Discus - 1k					A	A	A	A
Pentathlon					R	R	R	R
Javelin							A	A
Pole Vault							R	R
Triple Jump							A	A

Numbers = order of competitions

A=not contested at prelim. Automatically qualified for Association Meet.

R=not contested at association meet; Automatically qualified for Regional meet.

### Heights and Weights

SP - 6 lb	BB, BG, MB, MG, YG
SP - 4k	YB
80M H - 30"	MB, MG
100M H - 33"	YB
100M H - 30"	YG
200M H - 30"	YB, YG

### Age Groups determined by year of birth

Sub Bantam	Born 1999 or later
Bantam	Born 1997-1998
Midget	Born 1995-1996
Youth	Born 1993-1994

## Region 2 Championships

July 12-15

Pomona, NJ

<http://www.usatfnj.org>

## National Championships

July 24-29

Mt. San Antonio College - Walnut, CA

<http://www.usatf.org/events/2007/>

USATF Junior Olympic TF Championships/

## PRELIMINARY QUALIFIERS

Top 6 Advance in Each Event

**ONLINE ENTRY ONLY AT WWW.USATFNJ.ORG**

**DATE/TIME:** Sunday, May 20th, Noon

**Entry Deadline:** May 16, 11:59pm

**SITE:** Rutherford Memorial Park

**CONTACT:** Tom Gerlach: 610-258-6476

**DATE/TIME:** Sunday, May 20th, 10am

**Entry Deadline:** May 15th, 11:59pm

**SITE:** Teaneck HS, Teaneck

**CONTACT:** Andre McKoy: 201-450-5344

**DATE/TIME:** Saturday, May 26th, 9am

**Entry Deadline:** May 20th, 11:59pm

**SITE:** Hub Stine Field, Plainfield

**CONTACT:** Kevin Turner: 908-209-4461

**DATE/TIME:** Sunday, May 27th, 10:30am

**Entry Deadline:** May 22nd, 11:59pm

**SITE:** Farnham Park, Camden

**CONTACT:** Albert Essilfie: 856-465-7906

### Directions:

**Rutherford Memorial Park, From Route 3 East:** Park Avenue Exit. Turn Right at Stop sign. Go 1 block; turn Right onto Riverside Avenue. At light; turn Left onto Union Avenue. Go 3 blocks; turn Right onto Darwin Avenue; 3 Blocks to Memorial Park and Fields. **From Route 3 West:** Riverside Avenue Exit. At Stop sign, turn Right onto Riverside Avenue. Follow directions above from Riverside Avenue. **From Route 17 N & S:** Take Exit for Route 3 West. Follow above directions.

**Teaneck High School:** Route 17 to Route 4 East Exit. Route 4 East approx. five miles to 1st Teaneck Road/Teaneck/Ridgefield Park Exit. Turn right onto Cranford Place. Go 1/2 block. Turn right into the Cranford parking lot.

**Hub Stine Field, Plainfield, From North & East:** GSP South to Exit 140A. Follow signs to Route 22 West to Somerville. Take Rt 22 to Terrill Rd. (Sears at the corner); make jug handle left turn onto Terrill Rd. Go one block past the Wendy's and make right onto Seventh St. Left at 2nd light onto Woodland Ave. Right onto Randolph Rd. (follow hospital road sign). Hub Stine Field is on the right, across the street from Muhlenberg Regional. **From North & South:** Turnpike to Exit 10. Follow Signs for & take I-287 N to Exit 4, Durham Ave. Turn right onto Durham Ave. Keep straight, Durham Ave becomes Hamilton Blvd. Turn Right onto Maple Ave & Left onto Woodland Ave (Golf course at corner). Left onto Randolph Rd. (follow hospital road sign). Hub Stine Field is on right, across the street.

**Farnham Park, Camden, From NJ Turnpike North/South:** To Exit 4 Route 73N to Route 130 South. Rt. 130 South to Kaighn Avenue (Pub Diner on right). Turn right onto Kaighn Avenue. Turn left at light onto Park Blvd. Farnham Park will be on your left. Signs will be posted.