



# USATF Northeast Zone

## Indoor Championships

Sunday, February 26, 2012

John Bennett Indoor Athletic Complex  
1519 Hooper Ave, Toms River, NJ 08753

### TRACK EVENTS

55MH Trials MG MB YG YB IG/YW IB/YM  
55M Trials SBG BG MG YG IG YW SBB BB MB YB IB YM  
400M SBG BG MG YG IG YW SBB BB MB YB IB YM  
55MH Finals IB/YM IG/YW YB YG MB MG  
55M Finals SBG BG MG YG IG YW SBB BB MB YB IB YM  
1500M SBG/BG MG YG IG/YW SBB/BB MB YB IB/YM  
4x200 Relay SBG BG MG YG IG YW SBB BB MB YB IB YM  
800M SBG BG MG YG IG YW SBB BB MB YB IB YM  
200M SBG BG MG YG IG YW SBB BB MB YB IB YM  
3000M MG/MB YG IG/YW YB IB/YM  
1500M RW & 3000M RW SBG BG MG YG IG YW SBB BB MB YB IB YM  
4x400M Relay SBG BG MG YG IG YW SBB BB MB YB IB YM

### FIELD EVENTS

PV YB/YG IG/YW IB/YM  
SP YG YB SBG/SBB BG/MG IG/YW IB/YM BB/MB  
HJ BG/BB YG/YB IG/YW IB/YM MG/MB  
LJ\* MG/MB IG/YW SBG/SBB IB/YM YG/YB BG/BB  
then TJ\* YG/IG/YW YB/IB/YM  
\*3 Jumps - No Finals.

### EVENT SCHEDULE

LJ, SP & HJ start at 8:30am; Rest of meet starts at 10am.  
All events run on a continuous basis in the order provided.

*Up to 1/8" Pyramid spikes allowed.*

*Inspection & certification done near bib pickup & again at start line.*

*Shots provided by meet management.*

*Personal Shots also allowed if they pass inspection.*

*Starting blocks will be provided.*

### AGE GROUPS

Sub-Bantam	born 2004 or later
Bantam	born 2002-2003
Midget	born 2000-2001
Youth	born 1998-1999
Intermediate	born 1996-1997
Young M/W	born 1994-1995

Events based on USATF Youth Rules

### ELIGIBILITY REQUIREMENTS:

**Individuals:** Only U.S. citizens, aliens living in the United States, and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. **All athletes must be 2012 USATF members in good standing.** Go to [www.usatf.org](http://www.usatf.org) to obtain a membership for \$20 (18 years and under). You must have a Visa card or use bank draft to pay for USATF membership.

**Relays:** All relay teams members must be in registered USATF clubs. All athletes representing the club must be affiliated with and members of that club as part of their USATF membership.

**HOW TO ENTER THIS MEET:** Entries online only at [www.usatfnj.org/youth](http://www.usatfnj.org/youth) by 5pm Wednesday, February 22nd.

**NO mail in or post registration.** Coaches can register team athletes. Unattached minor athletes (7-17) must have a parent or guardian register them. 18 year old unattached athletes may register themselves.

**FEES, PRE-ENTRY ONLINE ONLY:** \$8/Individual/Event; \$32/Relay. **AGE GROUPS** determined by year of birth. Athletes who are still eighteen (18) years of age through July 30th, 2012 are eligible to compete.

**PROOF OF AGE:** All participants must have date of birth verified in their USATF membership. **No Exceptions.** Entrants who have not had their date of birth verified in their USATF membership must submit a non-returnable copy of their birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification to their home association membership chair by Wednesday, February 15th to allow enough processing and registration time before entry deadline.

**AWARDS:** USATF medals to top six individuals in each age group & gender.

**ADVANCEMENTS:** Top 6 individuals in each age group will advance to the National Indoor Championships in Normal, Illinois on March 10-11, 2012. **Advancements must be completed and & paid for online within 48-96 hours after the Northeast Zone meet results are posted online. The link to advance will be on the New Jersey website: [www.usatfnj.org/youth](http://www.usatfnj.org/youth).**

**DIRECTIONS: From the North:** Garden State Parkway (GSP) South to Exit 82 (Rte 37 East). Continue on Rte 37E to 2nd traffic light (Hooper Ave). Take jug handle over Rte 37 & go north on Hooper Ave. The Sports Complex is approx. 500' after the 7th traffic light (Indian Hill Rd). **From the South:** Take GSP North to Exit 83 (Pleasant Plains). Make 1st right onto Route 571 (Indian Head Rd). Go to 4th light (Hooper Ave). Take jughandle after the light. Proceed north Hooper Ave. The Sports Complex is approx. 500' after the 4th traffic light (Indian Hill Road). **From the West:** Take Route 70 East to Route 37 East. Continue on Rte 37E underneath the Garden State Parkway. At 2nd light after the overpass take the jug handle over Rte 37, to go north on Hooper Ave. The sports complex is approx. 500' after the 7th traffic light (Indian Hill Rd).

**CONTACT:** Pam Fales at [usatfnj@hotmail.com](mailto:usatfnj@hotmail.com) or 973-334-8900 or go to [www.usatfnj.org/youth](http://www.usatfnj.org/youth)