

SCHEDULE:

ATHLETES MUST BE PREPARED TO RUN THEIR EVENT AT LEAST ONE HOUR PRIOR TO LISTED TIME-(THIS IS APPORXIMATE)

First Call for track and field events at 8:15am, events begin at 9:00am (both days)

Saturday June 25th, 2016

Track Events 400M Hurdles Final: 15-16B, 17-18M, 15-16G, 17-18W 9:00am-9:10am

200M Hurdles Final: 13-14B, 13-14G

1500M Race Walk Final: 9-10B, 9-10G, 11-12G, 11-12B 1 race mixed 9:10am- 9:25am

400M Dash Semi: All Divisions 22 heats 9:25am- 10:00am

3000M Race Walk Final: 13-18 B&G 1 race mixed 10:00am-10:25am

100M Dash Semi: All Divisions 24 heats 10:25am-11:00am

1500M Run Final: All Divisions Girls 4 races 11:00am-11:35am

4x100M Relay Final: All Divisions 2 races 11:35am- 11:45am

1500M Run Final: All Divisions Boys 5 races 11:45am-12:20pm

200M Dash Semi: All Divisions 12 heats 12:20pm- 1:00 pm

Field Events

Long Jump (2 long jump pits):

7-8B,G 9:00am-9:40am

13-14B,G 9:40am-10:40am

9-10B,G 10:40am-11:40am

11-12B,G 11:40am-12:40pm

High Jump:

9-10G, 9-10B, 9:00am -9:20am

11-12G, 11-12B 9:20am-11:20am

13-14G, 13-14B 11:20am-1:20pm

Shot Put:

9-10B, 9-10G 9:00am- 10:15am

7-8B, 7-8G 10:15am-11:30am

11-12B, 11-12G 11:30am-12:15pm

13-14G 12:15pm-1:30pm

Javelin:

17-18M, 17-18W 9:00am- 9:40am

13-14B, 13-14G 9:40am-12:10pm

15-16B, 15-16G 12:10pm- 1:15pm

Discus:

15-16B, 15-16G 17-18M, 17-18W 9:00am-10:30am

Pole Vault :

13-18 Girls & Boys together 9:00am-10:30am

Sunday June 26th, 2016

Track Events 400M Dash Final:	9:00am- 9:20am
All Divisions 3000M Run Final: 11-12B,G, 13-14B,G, 15-16B,G, 17-18M,W	9:20am-10:15am
80M Hurdles 30" Semi: 11-12B, 11-12G	4 heats 10:15am-10:20am
100M Hurdles 30" Semi: 13-14G	2 heats 10:20am-10:30am
100M Hurdles 33" Semi: 15-16G, 17-18W, 13-14B	3 heats 10:30am-10:40am
110M Hurdles 39" Semi: 15-16B, 17-18W	no entries
4x800M Relay Final: 11-12B,G, 13-14B,G, 15-16B,G, 17-18M,W	1 Race combined 10:40-11:00am
110M Hurdles 39" Final: 15-16B, 17-18W	11:00am-11:00am
100M Hurdles 33" Final: 13-14B, 15-16G, 17-18W	
100M Hurdles 30" Final: 13-14G	
80M Hurdles 30" Final: 11-12B, 11-12G	
200M Dash Final:	11:15am-11:35am
All Divisions 800M Run Final: All Divisions	11:35am-12:15pm
100M Dash Final: All Divisions	12:15pm-12:30pm
4x400M Relay Final: All Divisions	2 races 12:30pm -12:45pm
Field Events	
Long Jump:	
15-16B, 15-16G	9:00am-9:45am
17-18M, 17-18W	9:45am-10:20am
Triple Jump:	
13-14B, 13-14G	10:20am-12:20pm
15-16B, 15-16G, 17-18M, 17-18W	
High Jump:	
17-18W, 17-18M, 15-16G, 15-16B	9:00am-10:00am
Mini/Turbo Javelin	
7-8B, 7-8G, 9-10B, 9-10G, 11-12B, 11-12G	9:00am-10:30am 10:30am-11:45am 11:45am- 2:30pm
Discus:	
11-12B, 11-12G	9:00am-11:15am
13-14B, 13-14G	11:15am-1:30pm
Shot Put:	
13-14 B	9:00am-9:55am
15-16G, 17-18W	9:55am-10:25am
15-16B, 17-18M	10:25am-11:35am