



2016 USATF New Jersey Association Junior Olympic Track & Field Championships

Saturday & Sunday, June 25-26, 2016 - Hub Stine Field, Plainfield, New Jersey

AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

8 & under (born 2008 +)
9 - 10 (born 2006-2007)
11 - 12 (born 2004-2005)
13 - 14 (born 2002-2003)
15 - 16 (born 2001-2000)
17 - 18 (born 1998-1999)
* athletes born in 1997 are also eligible if they do not turn 19 on or before 7/31/2016



Individuals: Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the 8 & Under, 9 - 10 and 11 - 12 age divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13 - 14, 15 - 16 and 17 - 18 age divisions may compete in a maximum of four (4) events, including relays. Combined events are not included in the event count. All athletes must be 2016 members of USATF-NJ in good standing.

Relay Teams: Only registered 2016 USATF-NJ member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership. Visit www.usatf.org/membership.

ENTRY PROCESS:

Individual Entries: \$6 per event

Relay Entries: \$24 per relay team

Multi events (Decathlon, Heptathlon, Triathlon & Pentathlon) will not be contested at these championships. Individual events in Steeplechase and Hammer Throw will also not be contested. Athletes in these events must contact the USATF NJ office by June 20th at 11:59pm in order to be advanced directly to the Region 2 Meet.

There are no preliminary qualifying meets. Club Administrators and Unattached Athletes should register online at <http://www.athletic.net/edit/track/meet/register/1783210/usatf/consent> by June 20 at 11:59pm. **Late entries will not be allowed.** Online registration opens June 1st. **Fees must be paid online by the close of registration. Only credit cards will be accepted.** Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Athletic.net for accuracy prior to submitting entry. An instructional video on the online registration process may be accessed by visiting Athletic.net.

Valid 2016 USATF Membership and Proof of Birth is required for participation. Before registration, please ensure that the USATF NJ Office has received (via mail, email or fax) a copy of the athlete's Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license or U.S. government identification). See Rule 300.1 (i) for further explanation. Scan and Email a Picture to services@usatfnj.org ; 973-334-8900; Mail to USATF-NJ, 150 River Road, Suite. N-3, Montville, NJ 07045.

WAIVER: All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically. All forms must be submitted at the first round of the Junior Olympic series.

AWARDS: USATF Junior Olympic medals will be awarded to the top three (3) individuals and the top three (3) relay teams in each event of each age division.

ADVANCEMENTS: The top 6 individuals and relay teams in each event of each age division will advance to the USATF Region 2 Championships to be held on July 7-10 at Chester, PA. Registration and Advancements must be completed by registering at <http://mausatf.com/youth/> Please check back on the USATF Mid Atlantic Youth Page for declaration and registration details.

The National Junior Olympic Championships will be held from Monday, July 25th to Sunday, July 31st in Sacramento, CA. The top 5 athletes at the Region 2 Championships will qualify for the National Championships, in combined events the top 2 athletes will qualify. Information is available at:

<http://www.usatf.org/groups/Youth/programs/JuniorOlympics/TF.asp>

SCHEDULE:

First Call for track and field events at 8:15am, events begin at 9:00am (both days)

Saturday June 25th, 2016

Track Events

400M Hurdles Final: 15-16B, 17-18M, 15-16G, 17-18W
200M Hurdles Final: 13-14B, 13-14G
1500M Race Walk Final: 9-10B, 9-10G, 11-12G, 11-12B
400M Dash Semi: All Divisions
3000M Race Walk Final: 13-18 B&G
100M Dash Semi: All Divisions
1500M Run Final: All Divisions Girls
4x100M Relay Final: All Divisions
1500M Run Final: All Divisions Boys
200M Dash Semi: All Divisions

Field Events

Long Jump (2 long jump pits): 7-8B,G; 13-14B,G; 9-10B,G; 11-12B,G
High Jump: 9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B
Shot Put: 9-10B, 9-10G, 7-8B, 7-8G, 11-12B, 11-12G, 13-14G
Javelin: 17-18M, 17-18W, 13-14B, 13-14G, 15-16B, 15-16G
Discus: 15-16B, 15-16G, 17-18M, 17-18W
PV: 13-18 Girls & Boys together

Sunday June 26th, 2016

Track Events

400M Dash Final: All Divisions
3000M Run Final: 11-12B,G, 13-14B,G, 15-16B,G, 17-18M,W
80M Hurdles 30" Semi: 11-12B, 11-12G
100M Hurdles 30" Semi: 13-14G
100M Hurdles 33" Semi: 15-16G, 17-18W, 13-14B
110M Hurdles 39" Semi: 15-16B, 17-18W

4x800M Relay Final: 11-12B,G, 13-14B,G, 15-16B,G, 17-18M,W
110M Hurdles 39" Final: 15-16B, 17-18W
100M Hurdles 33" Final: 13-14B, 15-16G, 17-18W
100M Hurdles 30" Final: 13-14G
80M Hurdles 30" Final: 11-12B, 11-12G
200M Dash Final: All Divisions
800M Run Final: All Divisions
100M Dash Final: All Divisions
4x400M Relay Final: All Divisions

Field Events

Long Jump: 15-16B, 15-16G, 17-18M, 17-18W followed by TJ
Triple Jump: 13-14B, 13-14G, 15-16B, 15-16G, 17-18M, 17-18W
High Jump: 17-18W, 17-18M, 15-16G, 15-16B
Mini/Turbo Javelin: 7-8B, 7-8G, 9-10B, 9-10G, 11-12B, 11-12G
Discus: 11-12B, 11-12G, 13-14B, 13-14G
Shot Put: 13-14 B, 15-16G, 17-18W, 15-16B, 17-18M

IMPLEMENT WEIGH-IN: 8:00am both Saturday and Sunday at Hub Stine Field.

EVENT CHECK-IN: There will be separate check-in areas for Running and Field events. Athletes must check in at these designated areas 45 minutes prior to the event's scheduled starting time. All athletes will be required to remain in the designated warm-up areas after checking in.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front on their jersey's only. If an athlete loses the bib number, a replacement can be purchased for a fee of \$10. Bib numbers will be distributed to athletes on both Saturday and Sunday starting at 7:45am at Hub Stine Field.

EVENT RESULTS: During competition, event results will be posted. In addition, event results will be available online at www.tomahawktiming.com after the completion of the entire meet.

PROTESTS: There will be a \$50 fee for all protests. Protests must be submitted in writing and citing the appropriate rule to the Protest Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

GATE ADMISSION FEES: No Admission Fee

DIRECTIONS & PARKING: Below are Travel Directions to Hub Stine Field from NJ Turnpike, Garden State Parkway, Route 22 East/West and Route 78.

From N.J. TURNPIKE:

For PLAINFIELD HIGH SCHOOL: N. J. Turnpike to Exit 10 (Route 287). Take 287 North for about 5-6 miles to Exit 5 (Rt. 529). At exit ramp, stay right, merge onto Rt. 529 (which is Stelton Road). Take Stelton Road through several traffic lights; then Rt. 529 bears right over railroad tracks. Still Rt. 529, but now the road is called Washington Avenue. Go three more lights; at the third light (West 7th Street), turn right. Take 7th Street for 8 lights (about 3 miles) to Park Avenue. Turn right on Park Avenue – Plainfield High School is three blocks up on the right, just after you cross 9th Street.

For HUB STINE FIELD: continue past the high school; first traffic light you come to is Randolph Road. Turn left on Randolph Road; Hub Stine Field is down the block on the left, opposite Muhlenberg Hospital's parking lot.

From GARDEN STATE PARKWAY:

Northbound - take Parkway to Exit 131A. At 5th traffic light, turn left onto Oak Tree Road. Southbound – take Parkway to Exit 131. Take Rt. 27 to Wood Ave.; turn right. Go to next light and turn left onto Oak Tree Road.

Take Oak Tree Road approximately 3 miles to Park Avenue (A&P shopping center on your right). Turn right onto Park Avenue. Take Park Avenue through South Plainfield into Plainfield (after you pass Burger King, you will be in Plainfield). First light after Burger King is at entrance:

For HUB STINE FIELD: Next light is at Randolph Road; turn right onto Randolph Road. Hub Stine Field is down the block on the left, opposite Muhlenberg Hospital's parking lot. For

From ROUTE 22: Coming WESTBOUND from NEWARK/UNION area:

For PLAINFIELD HIGH SCHOOL: Take Rt. 22 West to Terrill Road (large Sears at this intersection); take jug handle onto Terrill Road. Take Terrill Road to the 6th traffic light, which is East 7th Street. Turn right onto 7th Street. Take 7th to Park Avenue. Left on Park Avenue; high school is three blocks down on the right (just after light at 9th Street).

For HUB STINE FIELD: Continue past the high school to the next traffic light, which is at Randolph Road. Turn left onto Randolph Road, Hub Stine Field is down the block on the left, opposite Muhlenberg Hospital's parking lot.

From ROUTE 22: Coming EASTBOUND from BRIDGEWATER AND POINTS WEST:

For PLAINFIELD HIGH SCHOOL: Take Rt. 22 East to Somerset Street (just past North Plainfield's Football Field, and an Acme Supermarket – no traffic light, just a sign saying "The Plainfields – Somerset Street"). Turn right off the highway onto Somerset Street. ** Take Somerset Street through North Plainfield; when Somerset Street crosses Front Street (Route 28) into Plainfield, it changes its name to Park Avenue. Take Park Avenue to just past the light at 9th Street; high school is on the right.

For HUB STINE FIELD: Continue past the high school to the next traffic light, which is at Randolph Road. Turn left onto Randolph Road, Hub Stine Field is down the block on the left, opposite Muhlenberg Hospital's parking lot.

From ROUTE 78:

Take Rt. 78 to Exit 40 "The Plainfields" At end of exit ramp, turn left (southbound) onto Hillcrest Road. Follow this road down the mountain to the stop sign. At stop sign, turn right and feed into the Watchung Traffic Circle. Go about 2/3rds of the way around the circle and follow signs for North Plainfield, Somerset Street, take almost to Route 22; then turn left (there are signs) and go onto the overpass over Route 22. At the bottom of the overpass, turn left and you will be back on Somerset Street. Then follow directions above** taking Somerset Street through North Plainfield, etc.

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